



# 2014 Virginia Scholastic Rowing Official Results

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 1: M-JR-4 Heat 1 @ 08:00 AM</b>							
1st	3	Great Bridge (G. Whitescarver)	<b>05:51.10</b>				
2nd	4	Woodbridge (M. Oubre)	<b>05:56.01</b>	1.4%	00:04.91	00:00:04.91	
3rd	1	Hickory (T. Lutzkanin)	<b>06:01.30</b>	2.9%	00:05.29	00:00:10.20	
4th	2	Stone Bridge (T. Nguyen)	<b>06:02.64</b>	3.3%	00:01.34	00:00:11.54	
5th	5	Woodson (M. Riesco)	<b>06:39.75</b>	13.9%	00:37.11	00:00:48.65	
<b>Race 2: M-JR-4 Heat 2 @ 08:06 AM</b>							
1st	3	S. County (N. Needham)	<b>05:51.10</b>				
2nd	4	Stuart (P. McGuigan)	<b>06:03.98</b>	3.7%	00:12.88	00:00:12.88	
3rd	5	W. Potomac (H. Vagt)	<b>06:39.39</b>	13.8%	00:35.41	00:00:48.29	
4th	2	Madison (T. Ham)	<b>07:14.91</b>	23.9%	00:35.52	00:01:23.81	
5th	1	Christchurch (R. Berry)	<b>05:51.10</b>				
<b>Race 3: M-JR-4 Heat 3 @ 08:12 AM</b>							
1st	3	Fairfax (D. Chang)	<b>05:38.30</b>				
2nd	1	Mathews A (A. Thompson)	<b>05:45.90</b>	2.2%	00:07.60	00:00:07.60	
3rd	4	Saint Albans (m. andreoli)	<b>06:45.50</b>	19.9%	00:59.60	00:01:07.20	
4th	5	Gloucester (J. Cooper)	<b>06:50.91</b>	21.5%	00:05.41	00:01:12.61	
5th	2	M. Vernon (A. Hall)	<b>07:11.11</b>	27.4%	00:20.20	00:01:32.81	
<b>Race 4: M-JR-4 Heat 4 @ 08:18 AM</b>							
1st	3	W. Springfield (B. Stephenson)	<b>05:55.00</b>				
2nd	4	W-L (A. Henshaw-Greene)	<b>06:09.20</b>	4.0%	00:14.20	00:00:14.20	
3rd	2	Hylton (B. Jackson)	<b>06:27.50</b>	9.2%	00:18.30	00:00:32.50	
4th	5	Oakton (Q. Meyer)	<b>06:39.38</b>	12.5%	00:11.88	00:00:44.38	
<b>Race 5: W-JR-4 Heat 1 @ 08:24 AM</b>							
1st	2	W-L (E. Lent)	<b>06:24.00</b>				
2nd	3	M. Vernon (M. Robinson)	<b>06:38.02</b>	3.7%	00:14.02	00:00:14.02	
3rd	1	Great Bridge (S. Lamphear)	<b>06:47.43</b>	6.1%	00:09.41	00:00:23.43	
4th	4	Gar-Field (M. Marth)	<b>07:14.61</b>	13.2%	00:27.18	00:00:50.61	
5th	5	Potomac (S. Sallah)	<b>07:51.79</b>	22.9%	00:37.18	00:01:27.79	
<b>Race 6: W-JR-4 Heat 2 @ 08:30 AM</b>							
1st	3	Langley (d. seckar)	<b>06:27.10</b>				
2nd	2	NCS (j. messick)	<b>06:29.07</b>	0.5%	00:01.97	00:00:01.97	
3rd	4	Episcopal (R. Ezi-Ashi)	<b>06:30.29</b>	0.8%	00:01.22	00:00:03.19	
4th	1	Hickory (E. Anderson)	<b>06:30.71</b>	0.9%	00:00.42	00:00:03.61	
5th	5	Westfield (M. Prasad)	<b>07:28.60</b>	15.9%	00:57.89	00:01:01.50	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 7: W-JR-4 Heat 3 @ 08:36 AM</b>							
1st	4	Forest Park (L. Sowers)	<b>06:16.10</b>				
2nd	3	Fairfax (S. Stern)	<b>06:24.74</b>	2.3%	00:08.64	00:00:08.64	
3rd	1	James River (L. Roemhildt)	<b>06:27.29</b>	3.0%	00:02.55	00:00:11.19	
4th	5	Gloucester (E. Malise)	<b>06:27.80</b>	3.1%	00:00.51	00:00:11.70	
5th	2	TCW (N. Magallon)	<b>06:40.93</b>	6.6%	00:13.13	00:00:24.83	
<b>Race 8: W-JR-4 Heat 4 @ 08:42 AM</b>							
1st	3	Stone Bridge (K. Copeland)	<b>06:38.20</b>				
2nd	2	Woodbridge (S. Brannon)	<b>06:44.96</b>	1.7%	00:06.76	00:00:06.76	
3rd	4	W. Springfield (B. McClellan)	<b>06:45.21</b>	1.8%	00:00.25	00:00:07.01	
4th	5	Oakton (K. Parthasarathy)	<b>06:52.92</b>	3.7%	00:07.71	00:00:14.72	
5th	1	Sullivan (B. Wild)	<b>07:42.55</b>	16.2%	00:49.63	00:01:04.35	
<b>Race 9: W-1-4 Heat 1 @ 08:48 AM</b>							
1st	3	Langley (K. Robinson)	<b>06:12.10</b>				
2nd	1	Westfield (L. Anhalt)	<b>06:33.53</b>	5.8%	00:21.43	00:00:21.43	
3rd	2	Stone Bridge (C. Cura)	<b>06:35.76</b>	6.4%	00:02.23	00:00:23.66	
4th	4	F. Colonial (N. Napolitano)	<b>06:43.74</b>	8.5%	00:07.98	00:00:31.64	
5th	5	M. Vernon (M. Reynolds)	<b>07:05.98</b>	14.5%	00:22.24	00:00:53.88	
<b>Race 10: W-1-4 Heat 2 @ 08:54 AM</b>							
1st	4	Mathews (L. Thompson)	<b>06:12.10</b>				
2nd	3	Braddock (L. Egeland)	<b>06:18.64</b>	1.8%	00:06.54	00:00:06.54	
3rd	2	TCW (M. Betances-Koegle)	<b>06:26.29</b>	3.8%	00:07.65	00:00:14.19	
4th	5	S. County (A. Belkowitz)	<b>06:41.67</b>	7.9%	00:15.38	00:00:29.57	
5th	1	Gar-Field (C. Kim)	<b>06:48.27</b>	9.7%	00:06.60	00:00:36.17	
<b>Race 11: W-1-4 Heat 3 @ 09:00 AM</b>							
1st	3	W. Potomac (J. Willis)	<b>06:10.60</b>				
2nd	4	Fairfax (H. Wilson)	<b>06:15.29</b>	1.3%	00:04.69	00:00:04.69	
3rd	5	Episcopal (A. Walton)	<b>06:25.11</b>	3.9%	00:09.82	00:00:14.51	
4th	1	Wakefield (M. Krause)	<b>06:25.94</b>	4.1%	00:00.83	00:00:15.34	
5th	2	Norfolk A. (K. Kelly)	<b>06:34.98</b>	6.6%	00:09.04	00:00:24.38	
<b>Race 12: W-1-4 Heat 4 @ 09:06 AM</b>							
1st	6	James River (O. Ohman)	<b>06:13.10</b>				
2nd	4	Woodson (K. Wahlbeck)	<b>06:21.70</b>	2.3%	00:08.60	00:00:08.60	
3rd	3	W. Springfield (S. Davis)	<b>06:23.57</b>	2.8%	00:01.87	00:00:10.47	
4th	2	PACC (S. Shearon)	<b>06:29.63</b>	4.4%	00:06.06	00:00:16.53	
5th	1	Sullivan (N. Knorr)	<b>06:41.59</b>	7.6%	00:11.96	00:00:28.49	
6th	5	W-L (S. Stipe)	<b>06:51.77</b>	10.4%	00:10.18	00:00:38.67	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 13: M-1x Heat 1 @ 09:12 AM</b>							
1st	3	Gloucester (C. Holland)	<b>06:25.40</b>				
2nd	4	W. Albermarle A (O. Coleman)	<b>06:29.10</b>	1.0%	00:03.70	00:00:03.70	
3rd	1	Norfolk C. (J. Tismer)	<b>06:35.48</b>	2.6%	00:06.38	00:00:10.08	
4th	5	Wakefield (J. Stalica-Galeano)	<b>06:40.25</b>	3.9%	00:04.77	00:00:14.85	
5th	2	W. Albermarle B (W. Martin)	<b>06:50.59</b>	6.5%	00:10.34	00:00:25.19	
<b>Race 14: M-1x Heat 2 @ 09:18 AM</b>							
1st	3	Albemarle (A. Truslow)	<b>06:59.60</b>				
2nd	5	Great Bridge (D. Haymes)	<b>07:05.89</b>	1.5%	00:06.29	00:00:06.29	
3rd	4	Gar-Field (S. Mueck)	<b>07:23.03</b>	5.6%	00:17.14	00:00:23.43	
4th	2	W. Albermarle C (R. Correll)	<b>07:26.37</b>	6.4%	00:03.34	00:00:26.77	
<b>Race 15: M-2x Heat 1 @ 09:24 AM</b>							
1st	3	James River (P. Armstrong)	<b>05:47.60</b>				
2nd	5	Albemarle (D. Braatz)	<b>05:54.64</b>	2.0%	00:07.04	00:00:07.04	
3rd	2	Mathews A (A. Bauby)	<b>06:03.03</b>	4.4%	00:08.39	00:00:15.43	
4th	4	Great Bridge B (Z. Williams)	<b>06:47.16</b>	17.1%	00:44.13	00:00:59.56	
<b>Race 16: M-2x Heat 2 @ 09:30 AM</b>							
1st	4	Great Bridge A (D. Dominguez)	<b>05:56.70</b>				
2nd	3	Christchurch (d. anderson)	<b>06:07.16</b>	2.9%	00:10.46	00:00:10.46	
3rd	5	Gar-Field (B. Chenault)	<b>06:13.92</b>	4.8%	00:06.76	00:00:17.22	
4th	2	Mathews B (T. Riley)	<b>06:26.43</b>	8.3%	00:12.51	00:00:29.73	
<b>Race 17: W-2x Heat 1 @ 09:36 AM</b>							
1st	3	Woodbridge (E. Applegate)	<b>06:19.20</b>				
2nd	4	W. Albermarle A (E. Thacker)	<b>06:29.47</b>	2.7%	00:10.27	00:00:10.27	
3rd	5	Gloucester (M. Lee)	<b>06:30.60</b>	3.0%	00:01.13	00:00:11.40	
4th	1	SSSA (E. Solms)	<b>06:42.00</b>	6.0%	00:11.40	00:00:22.80	
5th	2	Albemarle B (H. MacKnight)	<b>06:46.55</b>	7.2%	00:04.55	00:00:27.35	
6th	6	Christchurch (R. Zheng)	<b>10:03.98</b>	59.3%	03:17.43	00:03:44.78	
<b>Race 18: W-2x Heat 2 @ 09:42 AM</b>							
1st	4	Hylton (B. Teixeira)	<b>06:28.30</b>				
2nd	3	Albemarle A (C. Earles)	<b>06:30.33</b>	0.5%	00:02.03	00:00:02.03	
3rd	5	Mathews (T. Williams)	<b>06:37.89</b>	2.5%	00:07.56	00:00:09.59	
4th	1	W. Albermarle B (D. Thompson)	<b>06:43.35</b>	3.9%	00:05.46	00:00:15.05	
5th	2	Hickory (A. Jackson)	<b>07:44.80</b>	19.7%	01:01.45	00:01:16.50	
<b>Race 19: M-1-4x Heat 1 @ 09:48 AM</b>							
1st	2	Hylton (C. Kestermann)	<b>05:20.10</b>				
2nd	5	W. Albermarle (C. Spradlin)	<b>05:27.53</b>	2.3%	00:07.43	00:00:07.43	
3rd	3	Granby (J. Mims)	<b>05:28.04</b>	2.5%	00:00.51	00:00:07.94	
4th	4	Gar-Field (J. Cox)	<b>06:07.20</b>	14.7%	00:39.16	00:00:47.10	
5th	1	Potomac (A. Weathers)	<b>06:38.61</b>	24.5%	00:31.41	00:01:18.51	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 20: M-1-4x Heat 2 @ 09:54 AM</b>							
1st	3	Albemarle (M. Dean)	<b>05:32.40</b>				
2nd	2	Gloucester (R. Simpson)	<b>05:43.84</b>	3.4%	00:11.44	00:00:11.44	
3rd	4	Stuart (R. Dubas)	<b>05:51.67</b>	5.8%	00:07.83	00:00:19.27	
4th	1	Hylton 2nd (D. Shannon)	<b>05:52.26</b>	6.0%	00:00.59	00:00:19.86	
5th	5	Christchurch (A. Hennis)	<b>06:17.06</b>	13.4%	00:24.80	00:00:44.66	
<b>Race 21: W-1-4x Heat 1 @ 10:00 AM</b>							
1st	2	Woodbridge (M. Jory)	<b>05:50.60</b>				
2nd	1	Granby (S. Dorman)	<b>05:55.43</b>	1.4%	00:04.83	00:00:04.83	
3rd	3	Forest Park (D. Woodward)	<b>06:16.69</b>	7.4%	00:21.26	00:00:26.09	
4th	4	W. Potomac (E. Bauer)	<b>07:47.04</b>	33.2%	01:30.35	00:01:56.44	
<b>Race 22: W-1-4x Heat 2 @ 10:06 AM</b>							
1st	3	Stuart (S. Shand)	<b>06:42.10</b>				
2nd	4	Hylton (T. Collins)	<b>06:54.81</b>	3.2%	00:12.71	00:00:12.71	
3rd	2	Potomac (V. Castleberry)	<b>06:58.70</b>	4.1%	00:03.89	00:00:16.60	
<b>Race 23: W-LT-4 Heat 1 @ 10:12 AM</b>							
1st	4	Great Bridge (P. Rabidoux)	<b>06:08.50</b>				
2nd	2	Gloucester (C. Martin)	<b>06:23.38</b>	4.0%	00:14.88	00:00:14.88	
3rd	5	W. Potomac (T. Haas)	<b>06:33.79</b>	6.9%	00:10.41	00:00:25.29	
4th	1	S. County (M. Zweig)	<b>06:56.77</b>	13.1%	00:22.98	00:00:48.27	
5th	3	Oakton (A. Zhao)	<b>07:21.36</b>	19.8%	00:24.59	00:01:12.86	
<b>Race 24: W-LT-4 Heat 2 @ 10:18 AM</b>							
1st	4	James River (G. Delano)	<b>06:17.50</b>				
2nd	3	Braddock (S. Kirwan)	<b>06:38.17</b>	5.5%	00:20.67	00:00:20.67	
3rd	5	Norfolk A. (A. Neilan)	<b>06:43.49</b>	6.9%	00:05.32	00:00:25.99	
4th	2	McLean (A. Katcher)	<b>06:49.59</b>	8.5%	00:06.10	00:00:32.09	
<b>Race 25: M-2-4 Heat 1 @ 10:24 AM</b>							
1st	4	Norfolk A. (W. Wheaton)	<b>05:55.10</b>				
2nd	3	Langley (I. HAVASY)	<b>05:58.15</b>	0.9%	00:03.05	00:00:03.05	
3rd	2	W. Springfield (D. Angle)	<b>06:03.22</b>	2.3%	00:05.07	00:00:08.12	
4th	5	W. Potomac (J. Hays)	<b>06:04.51</b>	2.6%	00:01.29	00:00:09.41	
5th	1	F. Colonial (Z. Davis)	<b>06:29.07</b>	9.6%	00:24.56	00:00:33.97	
<b>Race 26: M-2-4 Heat 2 @ 10:30 AM</b>							
1st	3	Stone Bridge (C. Calpin)	<b>05:53.30</b>				
2nd	4	S. County (S. Katragadda)	<b>05:55.87</b>	0.7%	00:02.57	00:00:02.57	
3rd	5	PACC (G. Schutte)	<b>06:21.68</b>	8.0%	00:25.81	00:00:28.38	
4th	2	M. Vernon (J. Wood)	<b>06:28.56</b>	10.0%	00:06.88	00:00:35.26	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 27: W-2-4 Heat 1 @ 10:36 AM</b>							
1st	3	Braddock (J. Melvin)	<b>06:38.40</b>				
2nd	4	Fairfax (M. Estrada Zepeda)	<b>06:43.23</b>	1.2%	00:04.83	00:00:04.83	
3rd	6	James River (N. Glowatsky)	<b>06:53.84</b>	3.9%	00:10.61	00:00:15.44	
4th	2	M. Vernon (C. Hales)	<b>07:03.80</b>	6.4%	00:09.96	00:00:25.40	
5th	1	Wakefield (E. Burd)	<b>07:11.93</b>	8.4%	00:08.13	00:00:33.53	
6th	5	Langley (K. shamloo)	<b>07:45.55</b>	16.9%	00:33.62	00:01:07.15	
<b>Race 28: W-2-4 Heat 2 @ 10:42 AM</b>							
1st	3	Episcopal (D. Terry)	<b>06:43.80</b>				
2nd	5	W. Springfield (K. Heanue)	<b>06:49.74</b>	1.5%	00:05.94	00:00:05.94	
3rd	2	Norfolk A. (S. Kidd)	<b>07:00.80</b>	4.2%	00:11.06	00:00:17.00	
4th	1	PACC (J. Giroux)	<b>07:10.06</b>	6.5%	00:09.26	00:00:26.26	
5th	4	Woodson (P. Solell-Knepler)	<b>07:16.66</b>	8.1%	00:06.60	00:00:32.86	
6th	6	Gar-Field (G. Maradiaga)	<b>08:20.93</b>	24.1%	01:04.27	00:01:37.13	
<b>Race 29: M-JR-8 Heat 1 @ 10:48 AM</b>							
1st	4	Jefferson (L. Jelenak)	<b>05:00.70</b>				
2nd	2	Braddock (M. YOUNG)	<b>05:01.84</b>	0.4%	00:01.14	00:00:01.14	
3rd	3	Langley (R. Shaw)	<b>05:02.41</b>	0.6%	00:00.57	00:00:01.71	
4th	5	McLean (D. Lore)	<b>05:11.16</b>	3.5%	00:08.75	00:00:10.46	
5th	1	Fairfax (J. Samples)	<b>05:21.20</b>	6.8%	00:10.04	00:00:20.50	
6th	6	Hickory (J. Dietzel)	<b>05:21.70</b>	7.0%	00:00.50	00:00:21.00	
<b>Race 30: M-JR-8 Heat 2 @ 10:54 AM</b>							
1st	4	Yorktown (J. Silbermann)	<b>04:55.50</b>				
2nd	3	Robinson (D. Steventon)	<b>04:56.00</b>	0.2%	00:00.50	00:00:00.50	
3rd	2	Woodbridge (T. Griffith)	<b>05:10.62</b>	5.1%	00:14.62	00:00:15.12	
4th	5	W. Potomac (W. Vago)	<b>05:15.59</b>	6.8%	00:04.97	00:00:20.09	
5th	6	S. County (A. French)	<b>05:29.79</b>	11.6%	00:14.20	00:00:34.29	
6th	1	W. Springfield (S. Sauter)	<b>05:47.72</b>	17.7%	00:17.93	00:00:52.22	
<b>Race 31: W-JR-8 Heat 1 @ 11:00 AM</b>							
1st	3	Woodson (A. Kolls)	<b>06:00.00</b>				
2nd	4	S. County (J. Simay)	<b>06:12.68</b>	3.5%	00:12.68	00:00:12.68	
3rd	5	Oakton (M. Cooper)	<b>06:19.47</b>	5.4%	00:06.79	00:00:19.47	
4th	2	Stuart (V. Valentine)	<b>06:25.98</b>	7.2%	00:06.51	00:00:25.98	
<b>Race 32: W-JR-8 Heat 2 @ 11:06 AM</b>							
1st	3	W. Springfield (K. Beckman)	<b>05:57.20</b>				
2nd	5	Norfolk A. (T. Wing)	<b>06:02.15</b>	1.4%	00:04.95	00:00:04.95	
3rd	2	W. Potomac (S. Murphy)	<b>06:16.22</b>	5.3%	00:14.07	00:00:19.02	
4th	4	Visitation (S. Riley)	<b>06:23.00</b>	7.2%	00:06.78	00:00:25.80	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 33: M-2-8 Heat 1 @ 11:12 AM</b>							
1st	3	Saint Albans (M. Dent)	<b>04:51.40</b>				
2nd	1	Westfield (A. Miller)	<b>05:03.10</b>	4.0%	00:11.70	00:00:11.70	
3rd	4	Woodson (A. Welenson)	<b>05:03.34</b>	4.1%	00:00.24	00:00:11.94	
4th	5	Yorktown (N. Goryachev)	<b>05:09.24</b>	6.1%	00:05.90	00:00:17.84	
5th	2	Madison (B. Devany)	<b>05:10.65</b>	6.6%	00:01.41	00:00:19.25	
<b>Race 34: M-2-8 Heat 2 @ 11:18 AM</b>							
1st	2	W-L (T. McFarlane)	<b>05:03.80</b>				
2nd	3	Jefferson (M. Koeniger)	<b>05:11.38</b>	2.5%	00:07.58	00:00:07.58	
3rd	4	TCW (D. Jones)	<b>05:14.50</b>	3.5%	00:03.12	00:00:10.70	
4th	5	Robinson (Z. Melone)	<b>05:16.48</b>	4.2%	00:01.98	00:00:12.68	
5th	1	Forest Park (J. Filiault)	<b>05:36.07</b>	10.6%	00:19.59	00:00:32.27	
6th	6	Briar Woods (T. Schafer)	<b>06:07.01</b>	20.8%	00:30.94	00:01:03.21	
<b>Race 35: W-2-8 Heat 1 @ 11:24 AM</b>							
1st	3	Madison (F. Gonzalez)	<b>05:31.50</b>				
2nd	2	Robinson (A. Missar)	<b>05:36.72</b>	1.6%	00:05.22	00:00:05.22	
3rd	4	Yorktown (C. Hall)	<b>05:48.10</b>	5.0%	00:11.38	00:00:16.60	
4th	5	Visitation (A. Williams)	<b>06:01.09</b>	8.9%	00:12.99	00:00:29.59	
5th	1	SFS (H. Geadah)	<b>06:25.22</b>	16.2%	00:24.13	00:00:53.72	
<b>Race 36: W-2-8 Heat 2 @ 11:30 AM</b>							
1st	3	TCW (R. Vannatta)	<b>05:43.80</b>				
2nd	4	NCS (J. Gorka)	<b>05:46.84</b>	0.9%	00:03.04	00:00:03.04	
3rd	2	McLean (k. jolly)	<b>05:50.05</b>	1.8%	00:03.21	00:00:06.25	
4th	5	Jefferson (K. Mclaughlan)	<b>05:59.39</b>	4.5%	00:09.34	00:00:15.59	
5th	1	Briar Woods (A. Nix)	<b>06:42.31</b>	17.0%	00:42.92	00:00:58.51	
<b>Race 37: M-1-4 Heat 1 @ 11:36 AM</b>							
1st	3	Langley (O. Shenk)	<b>05:13.70</b>				
2nd	2	Fairfax (S. Newman)	<b>05:15.57</b>	0.6%	00:01.87	00:00:01.87	
3rd	4	Great Bridge (P. Jordan)	<b>05:16.88</b>	1.0%	00:01.31	00:00:03.18	
4th	5	M. Vernon (c. giron garay)	<b>05:36.74</b>	7.3%	00:19.86	00:00:23.04	
5th	1	Woodbridge (S. Stern)	<b>05:49.77</b>	11.5%	00:13.03	00:00:36.07	
<b>Race 38: M-1-4 Heat 2 @ 11:42 AM</b>							
1st	3	Mathews (P. Machen)	<b>05:12.10</b>				
2nd	4	W. Springfield (S. Meiller)	<b>05:30.55</b>	5.9%	00:18.45	00:00:18.45	
3rd	1	F. Colonial (C. Mulvey)	<b>05:38.44</b>	8.4%	00:07.89	00:00:26.34	
4th	2	Stone Bridge (S. Suter)	<b>05:45.40</b>	10.7%	00:06.96	00:00:33.30	
5th	5	Braddock (M. Liang)	<b>06:02.50</b>	16.1%	00:17.10	00:00:50.40	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 39: M-1-4 Heat 3 @ 11:48 AM</b>							
1st	4	S. County (W. Shaw)	<b>05:26.90</b>				
2nd	3	Norfolk A. (B. Diskin)	<b>05:27.26</b>	0.1%	00:00.36	00:00:00.36	
3rd	2	W. Potomac (G. Ours)	<b>05:35.70</b>	2.7%	00:08.44	00:00:08.80	
4th	5	PACC (S. Simko)	<b>05:42.06</b>	4.6%	00:06.36	00:00:15.16	
5th	1	Wakefield (A. Jump)	<b>06:37.86</b>	21.7%	00:55.80	00:01:10.96	
6th	6	Briar Woods (M. Keilholz)	<b>06:46.71</b>	24.4%	00:08.85	00:01:19.81	
<b>Race 40: M-1-8 Heat 1 @ 11:54 AM</b>							
1st	3	Saint Albans (A. Tогias)	<b>04:34.40</b>				
2nd	4	W-L (G. Toth)	<b>04:49.09</b>	5.4%	00:14.69	00:00:14.69	
3rd	2	McLean (J. Kim)	<b>04:54.76</b>	7.4%	00:05.67	00:00:20.36	
4th	5	Forest Park (C. Cotter)	<b>04:56.33</b>	8.0%	00:01.57	00:00:21.93	
5th	1	Briar Woods (D. Scherbenske)	<b>05:14.27</b>	14.5%	00:17.94	00:00:39.87	
<b>Race 41: M-1-8 Heat 2 @ 12:00 PM</b>							
1st	4	Jefferson (L. Hensley)	<b>04:41.30</b>				
2nd	3	Woodson (R. Bishop)	<b>04:43.26</b>	0.7%	00:01.96	00:00:01.96	
3rd	2	Robinson (Z. Ghalayini)	<b>04:47.46</b>	2.2%	00:04.20	00:00:06.16	
4th	5	Westfield (N. Fletcher)	<b>04:58.89</b>	6.3%	00:11.43	00:00:17.59	
<b>Race 42: M-1-8 Heat 3 @ 12:06 PM</b>							
1st	4	TCW (B. blakeslee)	<b>04:49.70</b>				
2nd	3	Madison (J. Rymer)	<b>04:54.68</b>	1.7%	00:04.98	00:00:04.98	
3rd	2	Oakton (D. Turner)	<b>04:56.74</b>	2.4%	00:02.06	00:00:07.04	
4th	5	Yorktown (b. peck)	<b>04:58.24</b>	2.9%	00:01.50	00:00:08.54	
<b>Race 43: W-1-8 Heat 1 @ 12:12 PM</b>							
1st	2	McLean (K. McGinn)	<b>05:20.00</b>				
2nd	3	NCS (H. Goodfellow)	<b>05:26.96</b>	2.2%	00:06.96	00:00:06.96	
3rd	4	Oakton (M. Stacey)	<b>05:28.93</b>	2.8%	00:01.97	00:00:08.93	
4th	1	S. County (I. Hoang)	<b>05:32.08</b>	3.8%	00:03.15	00:00:12.08	
5th	5	Robinson (E. Rush)	<b>05:33.76</b>	4.3%	00:01.68	00:00:13.76	
6th	6	Briar Woods (A. Phalen)	<b>06:45.45</b>	26.7%	01:11.69	00:01:25.45	
<b>Race 44: W-1-8 Heat 2 @ 12:18 PM</b>							
1st	4	TCW (K. Pickup)	<b>05:19.50</b>				
2nd	3	Madison (G. Williams)	<b>05:20.54</b>	0.3%	00:01.04	00:00:01.04	
3rd	2	Jefferson (V. Wordsworth)	<b>05:31.70</b>	3.8%	00:11.16	00:00:12.20	
4th	5	Yorktown (J. Townshend)	<b>05:35.91</b>	5.1%	00:04.21	00:00:16.41	
5th	1	Visitation (S. Porter)	<b>05:40.66</b>	6.6%	00:04.75	00:00:21.16	
6th	6	SFS (H. Auerswald)	<b>06:19.49</b>	18.8%	00:38.83	00:00:59.99	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 45: M-JR-4 Semi-Final 1 @ 01:10 PM</b>							
1st	3	Great Bridge (G. Whitescarver)	<b>05:55.80</b>				
2nd	4	W. Springfield (B. Stephenson)	<b>05:59.96</b>	1.2%	00:04.16	00:00:04.16	
3rd	5	Woodbridge (M. Oubre)	<b>06:06.87</b>	3.1%	00:06.91	00:00:11.07	
4th	2	W-L (A. Henshaw-Greene)	<b>06:07.84</b>	3.4%	00:00.97	00:00:12.04	
5th	1	Hickory (T. Lutzkanin)	<b>06:14.07</b>	5.1%	00:06.23	00:00:18.27	
6th	6	Hylton (B. Jackson)	<b>06:31.32</b>	10.0%	00:17.25	00:00:35.52	
<b>Race 46: M-JR-4 Semi-Final 2 @ 01:16 PM</b>							
1st	3	S. County (N. Needham)	<b>05:44.40</b>				
2nd	6	Saint Albans (m. andreoli)	<b>05:52.08</b>	2.2%	00:07.68	00:00:07.68	
3rd	4	Fairfax (D. Chang)	<b>06:05.26</b>	6.1%	00:13.18	00:00:20.86	
4th	2	Mathews A (A. Thompson)	<b>06:12.93</b>	8.3%	00:07.67	00:00:28.53	
5th	5	Stuart (P. McGuigan)	<b>06:15.16</b>	8.9%	00:02.23	00:00:30.76	
6th	1	W. Potomac (H. Vagt)	<b>07:04.80</b>	23.3%	00:49.64	00:01:20.40	
<b>Race 47: W-JR-4 Semi-Final 1 @ 01:22 PM</b>							
1st	5	M. Vernon (M. Robinson)	<b>06:37.30</b>				
2nd	3	W-L (E. Lent)	<b>06:42.95</b>	1.4%	00:05.65	00:00:05.65	
3rd	6	W. Springfield (B. McClellan)	<b>06:43.98</b>	1.7%	00:01.03	00:00:06.68	
4th	4	Stone Bridge (K. Copeland)	<b>06:50.82</b>	3.4%	00:06.84	00:00:13.52	
5th	1	Great Bridge (S. Lamphear)	<b>07:11.57</b>	8.6%	00:20.75	00:00:34.27	
6th	2	Woodbridge (S. Brannon)	<b>07:16.01</b>	9.7%	00:04.44	00:00:38.71	
<b>Race 48: W-JR-4 Semi-Final 2 @ 01:28 PM</b>							
1st	2	Fairfax (S. Stern)	<b>06:33.90</b>				
2nd	3	Langley (d. seckar)	<b>06:34.68</b>	0.2%	00:00.78	00:00:00.78	
3rd	4	Forest Park (L. Sowers)	<b>06:38.10</b>	1.1%	00:03.42	00:00:04.20	
4th	5	NCS (j. messick)	<b>06:49.90</b>	4.1%	00:11.80	00:00:16.00	
5th	1	Episcopal (R. Ezi-Ashi)	<b>06:50.22</b>	4.1%	00:00.32	00:00:16.32	
6th	6	James River (L. Roemhildt)	<b>07:00.92</b>	6.9%	00:10.70	00:00:27.02	
<b>Race 49: W-1-4 Semi-Final 1 @ 01:34 PM</b>							
1st	3	Langley (K. Robinson)	<b>06:15.20</b>				
2nd	4	James River (O. Ohman)	<b>06:23.96</b>	2.3%	00:08.76	00:00:08.76	
3rd	2	Woodson (K. Wahlbeck)	<b>06:28.51</b>	3.5%	00:04.55	00:00:13.31	
4th	6	W. Springfield (S. Davis)	<b>06:31.94</b>	4.5%	00:03.43	00:00:16.74	
5th	1	Stone Bridge (C. Cura)	<b>06:58.99</b>	11.7%	00:27.05	00:00:43.79	
6th	5	Westfield (L. Anhalt)	<b>06:59.59</b>	11.8%	00:00.60	00:00:44.39	
<b>Race 50: W-1-4 Semi-Final 2 @ 01:40 PM</b>							
1st	4	W. Potomac (J. Willis)	<b>06:30.50</b>				
2nd	5	Braddock (L. Egeland)	<b>06:32.38</b>	0.5%	00:01.88	00:00:01.88	
3rd	2	Fairfax (H. Wilson)	<b>06:35.78</b>	1.4%	00:03.40	00:00:05.28	
4th	1	TCW (M. Betances-Koegle)	<b>06:43.22</b>	3.3%	00:07.44	00:00:12.72	
5th	3	Mathews (L. Thompson)	<b>06:46.90</b>	4.2%	00:03.68	00:00:16.40	
6th	6	Episcopal (A. Walton)	<b>07:13.00</b>	10.9%	00:26.10	00:00:42.50	



Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 51: M-1x Final @ 01:46 PM</b>							
1st	3	Gloucester (C. Holland)	<b>06:52.50</b>				
2nd	1	Norfolk C. (J. Tismer)	<b>06:58.15</b>	1.4%	00:05.65	00:00:05.65	
3rd	5	W. Albermarle A (O. Coleman)	<b>07:01.61</b>	2.2%	00:03.46	00:00:09.11	
4th	2	Great Bridge (D. Haymes)	<b>07:33.43</b>	9.9%	00:31.82	00:00:40.93	
5th	4	Albemarle (A. Truslow)	<b>08:08.71</b>	18.5%	00:35.28	00:01:16.21	
6th	6	Gar-Field (S. Mueck)	<b>08:38.32</b>	25.7%	00:29.61	00:01:45.82	
<b>Race 52: W-1x Final @ 01:54 PM</b>							
1st	2	W. Albermarle B (E. Heald)	<b>07:14.60</b>				
2nd	3	W. Albermarle A (A. Gale)	<b>07:20.96</b>	1.5%	00:06.36	00:00:06.36	
3rd	5	Stuart (L. Hegemann)	<b>07:46.14</b>	7.3%	00:25.18	00:00:31.54	
4th	4	W. Albermarle C (N. Gallagher)	<b>07:55.43</b>	9.4%	00:09.29	00:00:40.83	
5th	1	Great Bridge (S. Palmer)	<b>08:13.53</b>	13.6%	00:18.10	00:00:58.93	
<b>Race 53: M-LT-2x Final @ 02:02 PM</b>							
1st	4	Granby (B. Fifield)	<b>06:53.70</b>				
2nd	5	Stuart (S. Garcia)	<b>07:15.78</b>	5.3%	00:22.08	00:00:22.08	
<b>Race 54: W-LT-2x Final @ 02:10 PM</b>							
1st	3	Great Bridge (E. Triolet)	<b>07:49.70</b>				
2nd	5	Stuart (M. Shand)	<b>08:01.57</b>	2.5%	00:11.87	00:00:11.87	
3rd	1	Granby (I. Mauzy)	<b>08:07.51</b>	3.8%	00:05.94	00:00:17.81	
4th	4	Hylton (H. Edmundson)	<b>08:24.02</b>	7.3%	00:16.51	00:00:34.32	
5th	2	Mathews (J. Robins)	<b>08:45.37</b>	11.9%	00:21.35	00:00:55.67	
<b>Race 55: M-2x Final @ 02:18 PM</b>							
1st	3	James River (P. Armstrong)	<b>06:20.40</b>				
2nd	4	Great Bridge A (D. Dominguez)	<b>06:26.15</b>	1.5%	00:05.75	00:00:05.75	
3rd	1	Mathews A (A. Bauby)	<b>06:28.56</b>	2.1%	00:02.41	00:00:08.16	
4th	5	Albemarle (D. Braatz)	<b>06:33.65</b>	3.5%	00:05.09	00:00:13.25	
5th	2	Christchurch (d. anderson)	<b>06:50.61</b>	7.9%	00:16.96	00:00:30.21	
6th	6	Gar-Field (B. Chenault)	<b>07:06.34</b>	12.1%	00:15.73	00:00:45.94	
<b>Race 56: W-2x Final @ 02:26 PM</b>							
1st	3	Woodbridge (E. Applegate)	<b>06:41.40</b>				
2nd	1	Gloucester (M. Lee)	<b>06:48.35</b>	1.7%	00:06.95	00:00:06.95	
3rd	4	Hylton (B. Teixeira)	<b>06:57.05</b>	3.9%	00:08.70	00:00:15.65	
4th	2	Albemarle A (C. Earles)	<b>06:57.77</b>	4.1%	00:00.72	00:00:16.37	
5th	5	W. Albermarle A (E. Thacker)	<b>07:05.79</b>	6.1%	00:08.02	00:00:24.39	
6th	6	Mathews (T. Williams)	<b>07:06.80</b>	6.3%	00:01.01	00:00:25.40	
<b>Race 57: M-1-4x Final @ 02:34 PM</b>							
1st	4	Albemarle (M. Dean)	<b>05:35.80</b>				
2nd	2	Gloucester (R. Simpson)	<b>05:37.24</b>	0.4%	00:01.44	00:00:01.44	
3rd	3	Hylton (C. Kestermann)	<b>05:44.62</b>	2.6%	00:07.38	00:00:08.82	
4th	1	Granby (J. Mims)	<b>05:46.15</b>	3.1%	00:01.53	00:00:10.35	
5th	6	Stuart (R. Dubas)	<b>06:06.40</b>	9.1%	00:20.25	00:00:30.60	
6th	5	W. Albermarle (C. Spradlin)	<b>06:10.75</b>	10.4%	00:04.35	00:00:34.95	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
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### Race 57: M-1-4x Final @ 02:34 PM

### Race 58: W-1-4x Final @ 02:42 PM

1st	3	Woodbridge (M. Jory)	06:00.60				
2nd	5	Granby (S. Dorman)	06:03.14	0.7%	00:02.54	00:00:02.54	
3rd	1	Forest Park (D. Woodward)	06:26.94	7.3%	00:23.80	00:00:26.34	
4th	4	Stuart (S. Shand)	07:02.21	17.1%	00:35.27	00:01:01.61	
5th	2	Hylton (T. Collins)	07:20.23	22.1%	00:18.02	00:01:19.63	

### Race 59: M-LT-4 Final @ 02:50 PM

1st	3	Langley (T. Marzol)	05:46.20				
2nd	4	Yorktown (A. Oltorik)	05:48.48	0.7%	00:02.28	00:00:02.28	
3rd	5	F. Colonial (E. Middleton)	05:51.69	1.6%	00:03.21	00:00:05.49	
4th	2	Norfolk A. (T. Wentzel)	05:52.32	1.8%	00:00.63	00:00:06.12	
5th	1	James River (M. Copeland)	06:12.58	7.6%	00:20.26	00:00:26.38	

### Race 60: W-LT-4 Final @ 02:58 PM

1st	3	Great Bridge (P. Rabidoux)	06:12.70				
2nd	4	James River (G. Delano)	06:24.80	3.2%	00:12.10	00:00:12.10	
3rd	5	Gloucester (C. Martin)	06:30.97	4.9%	00:06.17	00:00:18.27	
4th	1	W. Potomac (T. Haas)	06:39.19	7.1%	00:08.22	00:00:26.49	
5th	2	Braddock (S. Kirwan)	06:57.28	12.0%	00:18.09	00:00:44.58	
6th	6	Norfolk A. (A. Neilan)	07:07.19	14.6%	00:09.91	00:00:54.49	

### Race 61: M-2-4 Final @ 03:06 PM

1st	5	Langley (I. HAVASY)	05:54.70				
2nd	4	Stone Bridge (C. Calpin)	05:54.98	0.1%	00:00.28	00:00:00.28	
3rd	3	Norfolk A. (W. Wheaton)	05:58.59	1.1%	00:03.61	00:00:03.89	
4th	2	S. County (S. Katragadda)	06:09.44	4.2%	00:10.85	00:00:14.74	
5th	1	W. Springfield (D. Angle)	06:10.28	4.4%	00:00.84	00:00:15.58	
6th	6	PACC (G. Schutte)	06:35.65	11.5%	00:25.37	00:00:40.95	

### Race 62: W-2-4 Final @ 03:14 PM

1st	2	W. Springfield (K. Heanue)	06:45.30				
2nd	5	Fairfax (M. Estrada Zepeda)	06:49.72	1.1%	00:04.42	00:00:04.42	
3rd	3	Braddock (J. Melvin)	06:53.42	2.0%	00:03.70	00:00:08.12	
4th	1	James River (N. Glowatsky)	06:59.68	3.5%	00:06.26	00:00:14.38	
5th	4	Episcopal (D. Terry)	07:04.90	4.8%	00:05.22	00:00:19.60	
6th	6	Norfolk A. (S. Kidd)	07:28.13	10.6%	00:23.23	00:00:42.83	

### Race 63: M-JR-8 Final @ 03:22 PM

1st	1	Langley (R. Shaw)	05:03.20				
2nd	3	Jefferson (L. Jelenak)	05:07.20	1.3%	00:04.00	00:00:04.00	
3rd	4	Yorktown (J. Silbermann)	05:08.23	1.7%	00:01.03	00:00:05.03	
4th	2	Robinson (D. Steventon)	05:08.62	1.8%	00:00.39	00:00:05.42	
5th	5	Braddock (M. YOUNG)	05:14.97	3.9%	00:06.35	00:00:11.77	
6th	6	Woodbridge (T. Griffith)	05:21.41	6.0%	00:06.44	00:00:18.21	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 64: W-JR-8 Final @ 03:30 PM</b>							
1st	3	Woodson (A. Kolls)	<b>05:45.20</b>				
2nd	1	Oakton (M. Cooper)	<b>05:50.05</b>	1.4%	00:04.85	00:00:04.85	
3rd	4	W. Springfield (K. Beckman)	<b>06:00.39</b>	4.4%	00:10.34	00:00:15.19	
4th	2	Norfolk A. (T. Wing)	<b>06:02.52</b>	5.0%	00:02.13	00:00:17.32	
5th	6	W. Potomac (S. Murphy)	<b>06:25.93</b>	11.8%	00:23.41	00:00:40.73	
6th	5	S. County (J. Simay)	<b>06:31.63</b>	13.5%	00:05.70	00:00:46.43	
<b>Race 65: M-LT-8 Final @ 03:38 PM</b>							
1st	3	TCW (A. Leitner-Wise)	<b>05:01.30</b>				
2nd	4	Braddock (Y. Na)	<b>05:05.32</b>	1.3%	00:04.02	00:00:04.02	
3rd	2	Woodbridge (Z. Hyzy)	<b>05:10.20</b>	3.0%	00:04.88	00:00:08.90	
4th	1	Great Bridge (C. Joslin)	<b>05:14.93</b>	4.5%	00:04.73	00:00:13.63	
5th	5	Stone Bridge (E. Melcher)	<b>05:23.71</b>	7.4%	00:08.78	00:00:22.41	
<b>Race 66: W-LT-8 Final @ 03:46 PM</b>							
1st	3	Woodbridge (M. Wilks)	<b>05:55.60</b>				
2nd	4	Langley (B. Smith)	<b>06:10.43</b>	4.2%	00:14.83	00:00:14.83	
<b>Race 67: M-2-8 Final @ 03:54 PM</b>							
1st	3	Saint Albans (M. Dent)	<b>04:54.30</b>				
2nd	2	Jefferson (M. Koeniger)	<b>05:00.57</b>	2.1%	00:06.27	00:00:06.27	
3rd	4	W-L (T. McFarlane)	<b>05:02.26</b>	2.7%	00:01.69	00:00:07.96	
4th	1	Woodson (A. Welenson)	<b>05:05.73</b>	3.9%	00:03.47	00:00:11.43	
5th	5	Westfield (A. Miller)	<b>05:14.12</b>	6.7%	00:08.39	00:00:19.82	
6th	6	TCW (D. Jones)	<b>05:21.17</b>	9.1%	00:07.05	00:00:26.87	
<b>Race 68: W-2-8 Final @ 04:02 PM</b>							
1st	3	Madison (F. Gonzalez)	<b>05:39.02</b>				
2nd	4	TCW (R. Vannatta)	<b>05:40.79</b>	0.5%	00:01.77	00:00:01.77	
3rd	5	Robinson (A. Missar)	<b>05:51.11</b>	3.6%	00:10.32	00:00:12.09	
4th	2	NCS (J. Gorka)	<b>05:51.36</b>	3.6%	00:00.25	00:00:12.34	
5th	1	Yorktown (C. Hall)	<b>06:00.08</b>	6.2%	00:08.72	00:00:21.06	
6th	6	McLean (k. jolly)	<b>06:09.79</b>	9.1%	00:09.71	00:00:30.77	
<b>Race 69: M-JR-4 Final @ 04:10 PM</b>							
1st	3	Great Bridge (G. Whitescarver)	<b>05:37.00</b>				
2nd	4	S. County (N. Needham)	<b>05:42.80</b>	1.7%	00:05.80	00:00:05.80	
3rd	2	Saint Albans (m. andreoli)	<b>05:49.87</b>	3.8%	00:07.07	00:00:12.87	
4th	6	Fairfax (D. Chang)	<b>05:53.54</b>	4.9%	00:03.67	00:00:16.54	
5th	5	W. Springfield (B. Stephenson)	<b>06:03.21</b>	7.8%	00:09.67	00:00:26.21	
6th	1	Woodbridge (M. Oubre)	<b>06:12.64</b>	10.6%	00:09.43	00:00:35.64	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 70: W-JR-4 Final @ 04:18 PM</b>							
1st	2	Langley (d. seckar)	<b>06:21.80</b>				
2nd	4	Fairfax (S. Stern)	<b>06:23.51</b>	0.4%	00:01.71	00:00:01.71	
3rd	3	M. Vernon (M. Robinson)	<b>06:24.97</b>	0.8%	00:01.46	00:00:03.17	
4th	1	W. Springfield (B. McClellan)	<b>06:26.46</b>	1.2%	00:01.49	00:00:04.66	
5th	5	W-L (E. Lent)	<b>06:34.31</b>	3.3%	00:07.85	00:00:12.51	
6th	6	Forest Park (L. Sowers)	<b>06:35.99</b>	3.7%	00:01.68	00:00:14.19	
<b>Race 71: M-1-4 Petite Final @ 04:23 PM</b>							
1st	3	Great Bridge (P. Jordan)	<b>05:36.90</b>				
2nd	1	Stone Bridge (S. Suter)	<b>05:42.01</b>	1.5%	00:05.11	00:00:05.11	
3rd	2	W. Potomac (G. Ours)	<b>05:42.99</b>	1.8%	00:00.98	00:00:06.09	
4th	6	PACC (S. Simko)	<b>05:46.53</b>	2.9%	00:03.54	00:00:09.63	
5th	5	M. Vernon (c. giron garay)	<b>05:53.73</b>	5.0%	00:07.20	00:00:16.83	
<b>Race 72: M-1-4 Final @ 04:28 PM</b>							
1st	3	Langley (O. Shenk)	<b>05:12.40</b>				
2nd	4	Mathews (P. Machen)	<b>05:12.59</b>	0.1%	00:00.19	00:00:00.19	
3rd	2	S. County (W. Shaw)	<b>05:20.56</b>	2.6%	00:07.97	00:00:08.16	
4th	1	W. Springfield (S. Meiller)	<b>05:29.66</b>	5.5%	00:09.10	00:00:17.26	
5th	6	Norfolk A. (B. Diskin)	<b>05:33.57</b>	6.8%	00:03.91	00:00:21.17	
6th	5	Fairfax (S. Newman)	<b>05:37.18</b>	7.9%	00:03.61	00:00:24.78	
<b>Race 73: W-1-4 Petite Final @ 04:33 PM</b>							
1st	3	W. Springfield (S. Davis)	<b>06:17.60</b>				
2nd	2	Mathews (L. Thompson)	<b>06:21.00</b>	0.9%	00:03.40	00:00:03.40	
3rd	4	TCW (M. Betances-Koegle)	<b>06:21.20</b>	1.0%	00:00.20	00:00:03.60	
4th	1	Westfield (L. Anhalt)	<b>06:37.06</b>	5.2%	00:15.86	00:00:19.46	
5th	5	Stone Bridge (C. Cura)	<b>06:59.88</b>	11.2%	00:22.82	00:00:42.28	
<b>Race 74: W-1-4 Final @ 04:38 PM</b>							
1st	3	Langley (K. Robinson)	<b>05:57.90</b>				
2nd	2	Braddock (L. Egeland)	<b>06:05.20</b>	2.0%	00:07.30	00:00:07.30	
3rd	5	James River (O. Ohman)	<b>06:10.27</b>	3.5%	00:05.07	00:00:12.37	
4th	4	W. Potomac (J. Willis)	<b>06:14.35</b>	4.6%	00:04.08	00:00:16.45	
5th	1	Woodson (K. Wahlbeck)	<b>06:14.76</b>	4.7%	00:00.41	00:00:16.86	
6th	6	Fairfax (H. Wilson)	<b>06:19.14</b>	5.9%	00:04.38	00:00:21.24	
<b>Race 75: M-1-8 Petite Final @ 04:43 PM</b>							
1st	4	Robinson (Z. Ghalayini)	<b>04:35.80</b>				
2nd	2	Oakton (D. Turner)	<b>04:42.21</b>	2.3%	00:06.41	00:00:06.41	
3rd	6	Yorktown (b. peck)	<b>04:42.43</b>	2.4%	00:00.22	00:00:06.63	
4th	1	Westfield (N. Fletcher)	<b>04:42.98</b>	2.6%	00:00.55	00:00:07.18	
5th	5	Forest Park (C. Cotter)	<b>04:44.48</b>	3.1%	00:01.50	00:00:08.68	
6th	3	McLean (J. Kim)	<b>04:46.33</b>	3.8%	00:01.85	00:00:10.53	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
<b>Race 76: M-1-8 Final @ 04:48 PM</b>							
1st	3	Saint Albans (A. Togias)	<b>04:37.50</b>				
2nd	1	Woodson (R. Bishop)	<b>04:39.00</b>	0.5%	00:01.50	00:00:01.50	
3rd	2	TCW (B. blakeslee)	<b>04:42.92</b>	2.0%	00:03.92	00:00:05.42	
4th	4	Jefferson (L. Hensley)	<b>04:45.89</b>	3.0%	00:02.97	00:00:08.39	
5th	6	Madison (J. Rymer)	<b>04:51.89</b>	5.2%	00:06.00	00:00:14.39	
6th	5	W-L (G. Toth)	<b>05:06.04</b>	10.3%	00:14.15	00:00:28.54	
<b>Race 77: W-1-8 Petite Final @ 04:53 PM</b>							
1st	3	S. County (I. Hoang)	<b>05:35.30</b>				
2nd	5	Robinson (E. Rush)	<b>05:37.01</b>	0.5%	00:01.71	00:00:01.71	
3rd	2	Visitation (S. Porter)	<b>05:37.53</b>	0.7%	00:00.52	00:00:02.23	
4th	4	Yorktown (J. Townshend)	<b>05:39.97</b>	1.4%	00:02.44	00:00:04.67	
5th	6	SFS (H. Auerswald)	<b>06:04.29</b>	8.6%	00:24.32	00:00:28.99	
6th	1	Briar Woods (A. Phalen)	<b>06:29.40</b>	16.1%	00:25.11	00:00:54.10	
<b>Race 78: W-1-8 Final @ 04:58 PM</b>							
1st	4	TCW (K. Pickup)	<b>05:16.80</b>				
2nd	2	Madison (G. Williams)	<b>05:18.81</b>	0.6%	00:02.01	00:00:02.01	
3rd	5	NCS (H. Goodfellow)	<b>05:20.51</b>	1.2%	00:01.70	00:00:03.71	
4th	3	McLean (K. McGinn)	<b>05:24.98</b>	2.6%	00:04.47	00:00:08.18	
5th	1	Oakton (M. Stacey)	<b>05:26.83</b>	3.2%	00:01.85	00:00:10.03	
6th	6	Jefferson (V. Wordsworth)	<b>05:37.97</b>	6.7%	00:11.14	00:00:21.17	