

#	Time	Event	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Progressions
1	8:00	M-2x A		Cox (3) 5:47.5	Woodbridge (1) 5:45.2	Hylton (4) 5:57.2	Fairfax (2) 5:46.1		3 to final
2	8:07	M-2x B		Christchurch (1) 5:20.6	JEB Stuart (3) 5:54.7	Granby (2) 5:40.9	Potomac (4) 5:57.0		3 to final
3	8:14	W-2-8 A	W Potomac	G Visitation (2) 5:40.0	Madison (1) 5:34.0	Westfield (3) 5:41.0	Sidwell Friends (4) 6:04.0		2 to final
4	8:21	W-2-8 B		Nat'l Cathedral (3) 5:33.6	TC Williams (1) 5:19.2	Yorktown (2) 5:29.4	Lake Braddock (4) 5:57.2		2 to final
5	8:28	W-2-8 C		W Springfield (4) 5:56.8	Robinson (1) 5:23.1	T Jefferson (2) 5:26.7	Wash-Lee (3) 5:37.6		2 to final
6	8:35	M-2-8 A		Forest Park (3) 4:50.2	St Albans (1) 4:42.8	Westfield (2) 4:48.3	Woodson (4) 5:01.0		3 to final
7	8:42	M-2-8 B	W Springfield (5) 5:05.0	Robinson (1) 4:53.4	T Jefferson (3) 4:59.6	Oakton (2) 4:58.6	Lake Braddock (4) 5:00.9		3 to final
8	8:49	M-Jr-8 A		Madison (2) 4:40.5	St Albans (3) 4:50.2	Wash-Lee (1) 4:35.1	Forest Park (5) 5:20.2	W Springfield (4) 5:12.6	3 to final
9	8:56	M-Jr-8 B		Langley (3) 5:04.6	Yorktown (1) 4:48.5	T Jefferson (2) 4:52.4	South County (4) 5:12.3		3 to final
10	9:03	M-Jr-4 A		South County (2) 5:29.0	Gloucester (1) 5:09.1	W Potomac (3) 5:43.0	Hickory (4) 6:02.2		2 to final
11	9:10	M-Jr-4 B	Great Bridge (4) 5:51.5	Hylton (5) 6:02.9	Oakton (2) 5:39.9	Wash-Lee (1) 5:35.2	First Colonial (3) 5:43.0		2 to final
12	9:17	M-Jr-4 C	James River (3) 5:30.9	Granby (1) 5:19.3	Woodbridge (5) 5:58.5	Forest Park (2) 5:27.8	TC Williams (4) 5:38.8		2 to final
13	9:24	W-Jr-4 A	W Springfield (3) 6:28.6	T Jefferson (2) 6:48.5	Oakton (2) 6:11.4	South County (4) 6:45.9	First Colonial (1) 6:07.4		2 to final
14	9:31	W-Jr-4 B	Fairfax (4) 6:40.7	Hylton (3) 6:18.8	McLean (1) 6:05.7	Forest Park (5) 6:50.7	Hickory (2) 6:15.5		2 to final
15	9:38	W-Jr-4 C		Wakefield (4) 7:10.4	Woodson (1) 5:59.6	Gloucester (3) 6:00.8	Woodbridge (2) 6:00.3		2 to final
16	9:45	W-Lt-4 A		Woodbridge (3) 6:11.1	Madison (1) 6:06.3	McLean (2) 6:08.5	Cox (4) 6:20.0	JEB Stuart (5) 6:26.6	3 to final
17	9:52	W-Lt-4 B		W Springfield (3) 5:58.1	Oakton (1) 5:56.2	Mt Vernon (2) 5:56.9	Great Bridge (5) 7:12.4	James River (4) 6:17.4	3 to final
18	9:59	M-Lt-4 A		Granby (1) 5:20.6	W Potomac (3) 5:34.9	Great Bridge (2) 5:32.0	Fairfax (4) 5:39.3		3 to final
19	10:06	M-Lt-4 B		W Springfield (4) 5:34.8	South County (1) 5:21.4	Lake Braddock (3) 5:27.3	James River (2) 5:25.4		3 to final
20	10:13	M-1-4 A		Great Bridge (3) 5:14.1	Gloucester (2) 5:12.3	W Potomac (4) 5:15.1	Hickory (5) 5:38.6	First Colonial (1) 5:11.0	Top 2 to final, next 2 to petite
21	10:20	M-1-4 B		South County (3) 5:10.2	Woodbridge (1) 5:02.0	Madison (2) 5:06.3	Gar-Field (5) 5:36.9	James River (4) 5:23.4	Top 2 to final, next 2 to petite
22	10:27	M-1-4 C		Langley (4) 4:14.9	Mathews (2) 4:07.9	TC Williams (1) 4:05.5	Wash-Lee (5) 5:03.7	Norfolk Acad (3) 4:11.2	Top 2 to final, next 2 to petite
23	10:34	W-1-4 A	Norfolk Acad	Hylton (4) 6:16.8	Gloucester (1) 5:40.5	Mt Vernon (3) 5:57.4	First Colonial (2) 5:46.5		Top 2 to final, 3rd pl & best 4th pl time to petite
24	10:41	W-1-4 B		Fairfax (4) 5:56.3	Oakton (3) 5:54.6	Episcopal (1) 5:44.7	James River (2) 5:52.6		Top 2 to final, 3rd pl & best 4th pl time to petite
25	10:48	W-1-4 C		Gar-Field (4) 6:29.7	South County (3) 5:48.8	McLean (1) 5:39.2	Hickory (2) 5:46.0		Top 2 to final, 3rd pl & best 4th pl time to petite
26	10:55	W-1-8 A	Sidwell Friends (5) 5:26.8	Westfield (3) 5:10.4	Madison (1) 4:54.2	TC Williams (2) 4:55.2	W Potomac (4) 5:13.8	Norfolk Acad (6) 5:40.7	Top 2 to final, next 2 to petite
27	11:02	W-1-8 B	Mt Vernon (6) 5:46.0	W Springfield (4) 5:37.2	T Jefferson (1) 5:04.4	Nat'l Cathedral (2) 5:09.1	G Visitation (3) 5:12.6	Princess Anne (5) 5:39.9	Top 2 to final, next 2 to petite
28	11:09	W-1-8 C	Langley (6) 6:05.3	Woodson (4) 5:18.3	Robinson (1) 5:06.9	Yorktown (2) 5:09.6	Wash-Lee (3) 5:17.8	Lake Braddock (5) 5:26.6	Top 2 to final, next 2 to petite
29	11:16	M-1-8 A		Robinson (3) 4:40.6	St Albans (1) 4:31.3	Woodson (4) 4:40.9	Forest Park (2) 4:36.6		Top 2 to final, 3rd pl & best 4th pl time to petite
30	11:23	M-1-8 B		W Springfield (3) 4:46.9	Yorktown (1) 4:31.0	Oakton (2) 4:38.5	Lake Braddock (4) 4:51.8	Princess Anne (5) 4:54.9	Top 2 to final, 3rd pl & best 4th pl time to petite

Coxswain meeting 6:30

## Virginia Scholastic Rowing Championships May 14, 2011

Coaches meeting 6:45

#	Time	Event	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Progressions
31	11:30	M-1-8 C		McLean	T Jefferson	Westfield	Mt Vernon	Cox	Top 2 to final, 3rd pl & best 4th pl time to petite
				(3) 4:44.6	(2) 4:28.5	(1) 4:27.7	(4) 4:47.6	(5) 5:00.0	

#	Time	Event	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Progressions
32	11:37	M-1x	JEB Stuart (2) 5:57.5	Western Albemarle (5) 6:29.4	Sidwell Friends (1) 5:53.3		Cox (3) 6:08.0	Gloucester (4) 6:16.2	Redmon Bowl 28
33	11:44	W-2x		Great Bridge (1) 5:52.5	Western Albemarle (2) 6:11.4	Hylton (5) 7:09.6	Hickory (4) 6:30.7	JEB Stuart (3) 6:24.4	Urquia Bowl 7
Break			Break	Break	Break	Break	Break	Break	
34	12:15	M-2x	Cox (5) 5:51.1	Granby (4) 5:44.8	Woodbridge (3) 5:42.6	Christchurch (JR) (1) 5:23.1	Fairfax (2) 5:40.5	JEB Stuart (6) 5:59.7	Oxford House Cup 54
35	12:25	W-Jr-8	Granby (6) 5:42.3	Langley (5) 5:36.3	Forest Park (2) 5:21.1	T Jefferson (3) 5:22.9	South County (4) 5:32.1	G Visitation (1) 5:20.2	NVRA Bowl 9
36	12:35	M-Jr-8	St Albans (4) 4:42.6	T Jefferson (5) 4:43.4	Wash-Lee (1) 4:35.1	Yorktown (3) 4:41.2	Madison (2) 4:40.5	Langley (6) 5:02.2	NVSRA Cup 21 21
37	12:45	M-2-8	Forest Park (6) 4:58.2	Oakton (5) 4:52.2	St Albans (1) 4:33.4	Robinson (4) 4:46.5	Westfield (3) 4:43.0	T Jefferson (2) 4:38.3	Charlie Butt Bowl 6
38	12:55	W-2-8	Yorktown (5) 5:26.6	Robinson (4) 5:17.2	Madison (1) 5:05.8	TC Williams (2) 5:09.8	T Jefferson (3) 5:11.5	G Visitation (6) 5:38.7	Campbell Cup 62
39	1:05	M-Jr-4	Oakton (6) 5:33.9	Granby (2) 5:11.2	Gloucester (1) 5:09.1	Wash-Lee (5) 5:23.5	Forest Park (4) 5:16.3	South County (3) 5:15.9	Jenkins Bowl 10
40	1:15	W-Jr-4	Hickory (6) 6:16.9	Woodson (3) 6:01.5	First Colonial (2) 6:00.7	McLean (1) 5:56.7	Woodbridge (4) 6:03.9	Oakton (5) 6:13.2	NCASRA Bowl 34 34
41	1:25	M-2-4		Norfolk Acad (2) 5:21.2	TC Williams (1) 5:16.6	Madison (4) 5:32.9	Langley (5) 5:36.9	Woodbridge (3) 5:30.2	NVSRA Bowl 19 19
42	1:35	W-2-4			James River (3) 6:57.3	Episcopal (1) 6:10.3	Norfolk Acad (2) 6:22.8		NCASRA Bowl 35 35
43	1:45	W-4x	Cox (5) 5:57.3	Mathews (3) 5:45.7	Hylton (2) 5:34.2	Woodbridge (1) 5:26.2	Forest Park (4) 5:46.4	Potomac 6 / James River 7 (6) 5:59.5 / (7) 6:08.1	Hendricks Cup 49 49
44	1:55	M-4x	JEB Stuart (4) 5:14.0	Potomac (6) 5:47.1	Hylton (5) 5:04.8	Christchurch (2) 5:34.4	Lake Braddock (1) 5:01.0	Gar-Field 6 / Hylton (ex) (2) 5:04.2 / 5:38.5	Martin Bowl 23 23
45	2:05	M-Lt-4	W Potomac (6) 5:31.8	James River (3) 5:22.9	Granby (1) 5:14.1	South County (2) 5:19.3	Great Bridge (5) 5:31.3	L Braddock (4) 5:28.8	Coffey Cup 12
46	2:15	W-Lt-4	Woodbridge (6) 6:13.9	Mt Vernon (2) 5:53.8	Madison (4) 5:54.9	Oakton (1) 5:52.2	McLean (5) 6:07.8	W Springfield (3) 5:53.7	Winged Victory 57
47	2:25	M-Lt-8	Princess Anne (6) 5:12.2	TC Williams (3) 4:47.3	McLean (1) 4:39.5	Woodbridge (2) 4:41.2	Great Bridge (4) 4:57.6	Woodson 6 / Granby 7 (5) 5:01.9 / (7) 5:30.6	Brothers Cup 1 1
48	2:35	W-Lt-8		Oakton (4) 5:35.2	Woodbridge (2) 5:19.5	McLean (1) 5:11.8	Lake Braddock (3) 5:32.9	Potomac (5) 5:58.9	Darrell Winslow 25
49	2:45	M-Lt-2x			Western Albemarle (3) 6:29.2	Hylton (2) 6:05.6	JEB Stuart (1) 5:49.3		Alexandria Cup 1 3
50	2:55	W-Lt-2x		JEB Stuart (4) 6:29.4	Gar-Field (3) 6:24.8	Western Albemarle (2) 6:16.8	Great Bridge (1) 6:05.1		Alexandria Cup 2 4
51	3:05	W-1x		Gar-Field (3) 7:12.3	Western Albemarle (1) 6:38.5	Christchurch (2) 6:58.2	St Stphn's/Agnes (4) 7:42.2		Kowal Cup 47
52	3:15	M-1-4 petite	James River (6) 5:31.1	Norfolk Academy (1) 5:12.0	Great Bridge (3) 5:19.6	South County (4) 5:22.4	Langley (2) 5:15.8	W Potomac (5) 5:24.2	
53	3:20	M-1-4	Madison (4) 5:08.9	TC Williams (1) 5:03.1	First Colonial (6) 5:17.4	Woodbridge (2) 5:04.6	Mathews (3) 5:06.2	Gloucester (5) 5:12.2	Mathews Cup 45
54	3:25	W-1-4 petite	Norfolk Academy (6) 6:21.9	Fairfax (2) 5:56.5	Mt Vernon (3) 5:57.5	South County (1) 5:48.1	Gar-Field (5) 6:16.6	Hylton (4) 6:15.9	
55	3:30	W-1-4	James River (6) 5:59.1	McLean (1) 5:29.9	Gloucester (2) 5:34.8	Episcopal (3) 5:38.8	Hickory (4) 5:45.6	First Colonial (5) 5:46.0	Joseph Creed Cup 46
56	3:35	W-1-8 petite	W Springfield (6) 5:37.9	Wash-Lee (2) 5:15.9	Westfield (1) 5:12.8	G Visitation (5) 5:24.1	Woodson (4) 5:19.8	W Potomac (3) 5:18.7	
57	3:40	W-1-8	Natl Cathedral (6) 5:16.0	Robinson (5) 5:03.8	Madison (1) 4:54.1	T Jefferson (3) 4:58.8	Yorktown (4) 5:02.7	TC Williams (2) 4:57.9	Sam Shafer 2
58	3:45	M-1-8 petite	Mt Vernon (5) 4:53.4	McLean (4) 4:49.5	Robinson (1) 4:44.2	W Springfield (3) 4:49.1	Woodson (2) 4:44.6	Lake Braddock (6) 4:56.1	
59	3:50	M-1-8	Oakton (5) 4:37.2	Westfield (2) 4:31.2	St Albans (1) 4:27.1	Yorktown (3) 4:31.5	T Jefferson (4) 4:32.7	Forest Park (6) 4:43.6	Eric Rothstein 43

Coxswain meeting 6:30

# Virginia Scholastic Rowing Championships May 14, 2011

Coaches meeting 6:45

#	Time	Event	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Progressions
			Women's Division I	James Madison	Women's Division II	Western Albemarle			