

Virginia Scholastic Rowing Association
2018-2019 Key Dates
(Updated 1/7/19)

* Item - must be completed for a team to row in a VASRA regatta or meet

January	
1	USRowing organizational dues due
7	Level 2 Coaches Clinic Registration Deadline (See 26-27 Below)
8	BOD Meeting (#3) - Strategic/long-range planning . 7:30 pm, Virtual Meeting – 571-299-4338 48915486 * LOC permanent staff member assignment name due to Occoquan Regatta Director
11	Submit Potomac River Regatta Permit Request for Charlie Butt on April 30th.
26-27	Level 2 Coaches Clinic, Dee Campbell Boathouse, Alexandria, VA
27	Volunteer Coordinator Meeting, 12:00 Noon, Vienna Fire Station Hall.
31	Publish the 2019 Safety Plan update on the VASRA Web Site.
TBD	Executive Board meeting with NVRPA to agree/sign the 2019 Memorandum of Understanding (MOU)
TBD	Executive Board review Rowing Weight Control Program with FCPS Head Trainer

February	
2	Erg Sprints, TC Williams (www.ergsprints.com)
5	BOD Meeting (#4), 7:30 pm, 400 Center St South, Vienna, VA 22108
11	Lightweight programs initiated (body fat measurements). Lightweight declaration window open until March 11
18	First Day of on-water practice
23	Occoquan Work Day - Course Preparation - Two shifts: 9 am-12 pm, 1 pm-4 pm.
23	Coxswain's Clinic
TBD	Sandy Run Safety Meeting
TBD	USRowing Referee Clinic

March	
1	Unused Launches Must Be Removed from the Park
2	Occoquan Work Day - On Water Course Installation #1 - Two shifts: 9 am-12 pm, 1 pm-4 pm.
2	LOC Organizational Meeting, Sandy Run Regional Park, 12:00 Noon
5	BOD Meeting (#5), 7:30 pm, 400 Center St South, Vienna, VA 22108 <ul style="list-style-type: none"> • Trophies turned in to Trophy Committee for VSRC championships and Phoenix regatta preparation. • Nominations Committee members designated by VASRA President
9	Occoquan Work Day - On Water Course Installation #2 - Two shifts: 9 am-12 pm, 1 pm-4 pm
11	Lightweight declaration window closes
15	Items Due: <ul style="list-style-type: none"> • List of Trained Launch Drivers due to Volunteer Coordinator. • Volunteer Names Due to Volunteer Coordinator • * Rule Book Certification due to VASRA Secretary from school ADs • * Team Master Eligibility List (MEL) due to VASRA Secretary
16	Occoquan Work Day - On Water Course Installation #3 - Two shifts: 9 am-12 pm, 1

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	pm-4 pm.
23	Polar Bear Regatta (Coaches Meeting 8:00, Coxes 8:30, First Race 10:00) – No Block Scheduling
30	Regional Park Regatta (Coaches Meeting 7:00, Coxes 7:30, First Race 9:00) – Block Scheduling 8s in PM

April	
2	BOD Meeting (#6), 7:30 pm, 400 Center St South, Vienna, VA 22108 <ul style="list-style-type: none"> • Nomination Committee submits slate of officers for election consideration at June Meeting. • Team Rosters for Championship due to the Regatta Director • Audit Committee Appointed
6	Walter Mess Regatta (Coaches Meeting 7:00, Coxes 7:30, First Race 9:00) - Block Scheduling 8s in AM
13	Darrell Winslow Regatta (Coaches Meeting 7:00, Coxes 7:30, First Race 9:00) - Block Scheduling 8s in PM
15-19	Spring Break
19	Passover Starts
21	Easter
20	Ted Phoenix Regatta (Cancelled)
27	Al Urquiiia Regatta (Coaches Meeting 7:00, Coxes 7:30, First Race 9:00) - Block Scheduling 8s in AM
27	Charlie Butt Regatta, Potomac (Coaches Meeting 7:00, Coxes 7:30, First Race 9:00)

May	
1	Entries Due for VSRC Day 1 and Day 2
3	VSRC entry declaration by Div 2 teams to row up to Div 1. Coaches notify Coach Association President
4	VSRC Day 1 (Coaches Meeting 6:00, Coxes 6:30, First Race 8:00)
9	Submit room request for next season's BOD meetings, Volunteer Coordinator Meeting and Coxswain Clinics
11	VSRC Day 2 (Coaches Meeting 6:00, Coxes 6:30, First Race 8:00)
Mid May	Summer Rowing Programs announced (http://forums.vasra.org)
17-18	Stotesbury Regatta, Philadelphia
24-25	SRAA Championship Regatta, Dillon Lake, Nashport, OH

June	
1	Sandy Run race course removal and equipment storage. - Two shifts: 9 am-12 pm, 1 pm-4 pm.
4	BOD Meeting (#7), 7:30 pm, 400 Center St South, Vienna, VA 22108 <ul style="list-style-type: none"> • Elect Officers for the next year. • Budget presented to Board of Directors and voted if not already approved electronically • Coordinators / Committee Chairs submit job description / committee function update • Final VASRA Regatta Fees adjustment due to / from Treasurer • Tentative events schedule for next year handed out. Ensure turnover to new booster officers.

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	<ul style="list-style-type: none">Scholastic Honor Roll nomination form handed out. Due by early Sep. Coach and Principal signatures required.
TBD	U S Rowing Youth National Championship Regatta, Lake Mercer, NJ
TBD	NSRA Regatta, Cooper River, Camden County, NJ
8	Sandy Run race course removal and equipment storage. - Two shifts: 9 am-12 pm, 1 pm-4 pm.
15	Sandy Run race course removal and equipment storage. - Two shifts: 9 am-12 pm, 1 pm-4 pm.
30	Final budget statement due