



2018 VSRC Day 2

Official Results

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 01: M-1x Heat 1 @ 08:00 AM							
1st	3	Mathews (J. Raha)	06:07.02				
2nd	4	Granby (L. Smith)	06:27.21	5.5%	00:20.19	00:00:20.19	
3rd	2	Albemarle A (E. Williams)	06:33.96	7.3%	00:06.75	00:00:26.94	
4th	5	W. Albermarle (A. Sime)	06:35.59	7.8%	00:01.63	00:00:28.57	
Race 02: M-1x Heat 2 @ 08:07 AM							
1st	4	James River (T. Foltz)	06:03.40				
2nd	3	Stuart (S. Mullane)	06:11.80	2.3%	00:08.40	00:00:08.40	
3rd	2	Albemarle B (W. Monroe)	06:32.43	8.0%	00:20.63	00:00:29.03	
4th	5	Great Bridge (M. Jessee)	06:41.02	10.4%	00:08.59	00:00:37.62	
Race 03: W- 1x Heat 1 @ 08:14 AM							
1st	3	Rockbridge (S. Stoneburner)	06:58.80				
2nd	5	Stuart (B. Carmody)	07:12.10	3.2%	00:13.30	00:00:13.30	
3rd	2	Gloucester (A. Dough)	07:17.31	4.4%	00:05.21	00:00:18.51	
4th	4	Granby (P. Randolph)	07:38.19	9.4%	00:20.88	00:00:39.39	
Race 04: W- 1x Heat 2 @ 08:21 AM							
1st	4	Great Bridge (M. Parrott)	07:05.50				
2nd	3	John Paul (M. Burns)	07:12.03	1.5%	00:06.53	00:00:06.53	
3rd	5	W. Albermarle Jr (M. Grinnell)	07:47.72	9.9%	00:35.69	00:00:42.22	
	2	W. Albermarle 1st (E. Stokes)	Scratch				
Race 05: W-JR-2x Heat 1 @ 08:28 AM							
1st	3	James River (C. chamberlain)	06:25.20				
2nd	4	Hylton (I. Sankoh)	06:32.79	2.0%	00:07.59	00:00:07.59	
3rd	2	Wakefield (L. Kelly)	06:35.28	2.6%	00:02.49	00:00:10.08	
4th	1	Albemarle (M. Rowe)	07:07.49	11.0%	00:32.21	00:00:42.29	
5th	5	John Paul (I. Hansen)	07:32.25	17.4%	00:24.76	00:01:07.05	
Race 06: W-JR-2x Heat 2 @ 08:35 AM							
1st	5	W. Albermarle (C. Allison)	06:20.90				
2nd	4	Forest Park (Y. Nam)	06:24.11	0.8%	00:03.21	00:00:03.21	
3rd	3	Grassfield (S. Mazat)	06:25.72	1.3%	00:01.61	00:00:04.82	
4th	2	Granby (C. White)	06:26.67	1.5%	00:00.95	00:00:05.77	
5th	1	Yorktown (J. Joseph)	08:31.74	34.4%	02:05.07	00:02:10.84	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 07: M-1-4x Heat 1 @ 08:42 AM							
1st	3	W. Albermarle (C. DeVito)	05:11.70				
2nd	4	Granby (T. Bowes)	05:28.67	5.4%	00:16.97	00:00:16.97	
3rd	2	Cox (D. Hagen)	05:47.90	11.6%	00:19.23	00:00:36.20	
Race 08: M-1-4x Heat 2 @ 08:49 AM							
1st	3	Forest Park (S. Sherwood)	05:20.30				
2nd	4	Stuart (C. Haver)	05:27.71	2.3%	00:07.41	00:00:07.41	
3rd	5	S. County (J. Wilkie)	05:28.55	2.6%	00:00.84	00:00:08.25	
4th	2	Gar-Field (O. Trejos)	06:06.94	14.6%	00:38.39	00:00:46.64	
Race 09: W-1-4x Heat 1 @ 08:56 AM							
1st	3	W. Albermarle 1st (H. Carter)	05:45.80				
2nd	2	TC Williams (H. Parsons)	06:13.80	8.1%	00:28.00	00:00:28.00	
3rd	4	Hylton (H. Modesitt)	06:34.41	14.1%	00:20.61	00:00:48.61	
Race 10: W-1-4x Heat 2 @ 09:03 AM							
1st	3	Colgan (L. Nicolai)	05:45.10				
2nd	4	Stuart (P. McGuigan)	05:47.53	0.7%	00:02.43	00:00:02.43	
3rd	5	W. Albermarle LTW (E. Massarelli)	05:47.70	0.8%	00:00.17	00:00:02.60	
4th	2	Gar-Field (C. Gutshall)	06:52.63	19.6%	01:04.93	00:01:07.53	
Race 11: M-JR-4 Heat 1 @ 09:10 AM							
1st	3	Broad Run (M. Galleher)	05:33.40				
2nd	2	Stone Bridge (N. Liston)	05:38.62	1.6%	00:05.22	00:00:05.22	
3rd	5	Briar Woods (P. Hawes)	05:38.94	1.7%	00:00.32	00:00:05.54	
4th	4	Fairfax (N. Olson)	06:07.48	10.2%	00:28.54	00:00:34.08	
5th	1	Stuart (D. Latham)	06:17.10	13.1%	00:09.62	00:00:43.70	
Race 12: M-JR-4 Heat 2 @ 09:17 AM							
1st	3	L. Braddock (L. Mermagen)	05:39.40				
2nd	5	Langley (W. hogg)	05:45.59	1.8%	00:06.19	00:00:06.19	
3rd	4	W. Springfield (P. kalata)	05:46.65	2.1%	00:01.06	00:00:07.25	
4th	2	McLean (R. Burgess)	05:48.94	2.8%	00:02.29	00:00:09.54	
5th	1	James River (J. Hargrove)	06:06.37	7.9%	00:17.43	00:00:26.97	
Race 13: M-JR-4 Heat 3 @ 09:24 AM							
1st	4	Granby (E. Moreira-Caso)	05:50.40				
2nd	3	Woodson (H. McClintick)	05:56.28	1.7%	00:05.88	00:00:05.88	
3rd	5	Mnt Vernon (N. Pabich)	06:01.19	3.1%	00:04.91	00:00:10.79	
4th	2	Madison (J. Jeong)	06:14.86	7.0%	00:13.67	00:00:24.46	
Race 14: W-JR-4 Heat 1 @ 09:31 AM							
1st	3	Great Bridge (A. Hardy)	06:23.10				
2nd	5	Stone Bridge (A. Kittelson)	06:30.26	1.9%	00:07.16	00:00:07.16	
3rd	1	Mnt Vernon (A. Hood)	06:40.21	4.5%	00:09.95	00:00:17.11	
4th	4	W. Springfield (K. Bruening)	06:40.82	4.6%	00:00.61	00:00:17.72	
5th	2	Wakefield (S. doherty)	06:58.35	9.2%	00:17.53	00:00:35.25	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 15: W-JR-4 Heat 2 @ 09:38 AM							
1st	3	Oakton (E. Burghardt)	06:09.80				
2nd	1	Norfolk Acad (L. Smith)	06:22.77	3.5%	00:12.97	00:00:12.97	
3rd	4	Langley (P. Morley)	06:26.95	4.6%	00:04.18	00:00:17.15	
4th	2	Rock Ridge (E. Llanos)	06:51.18	11.2%	00:24.23	00:00:41.38	
5th	5	Robinson (G. Whited)	07:15.87	17.9%	00:24.69	00:01:06.07	
Race 16: W-JR-4 Heat 3 @ 09:45 AM							
1st	3	Episcopal (I. Bechtel)	06:16.70				
2nd	2	Granby (N. Schaus)	06:21.14	1.2%	00:04.44	00:00:04.44	
3rd	1	Gloucester (K. Price-Kaleikini)	06:33.67	4.5%	00:12.53	00:00:16.97	
4th	5	Visitation (I. Drag)	06:34.65	4.8%	00:00.98	00:00:17.95	
5th	4	Westfield (K. Hemsworth)	06:49.26	8.6%	00:14.61	00:00:32.56	
6th	6	Yorktown (C. Wright)	06:50.80	9.1%	00:01.54	00:00:34.10	
Race 17: M-LT-4 Heat 1 @ 09:52 AM							
1st	3	Stuart (M. Ferrell)	05:35.90				
2nd	4	Briar Woods (M. Leon)	05:36.82	0.3%	00:00.92	00:00:00.92	
3rd	2	Forest Park (R. Koos)	05:42.75	2.0%	00:05.93	00:00:06.85	
4th	5	Langley (J. Bennett)	05:57.02	6.3%	00:14.27	00:00:21.12	
5th	1	Oakton (J. Odell)	05:59.81	7.1%	00:02.79	00:00:23.91	
Race 18: M-LT-4 Heat 2 @ 09:59 AM							
1st	3	Norfolk Acad (P. McNider)	05:38.20				
2nd	4	Great Bridge (R. Tugas)	05:39.35	0.3%	00:01.15	00:00:01.15	
3rd	2	TC Williams (C. Bright)	05:40.64	0.7%	00:01.29	00:00:02.44	
4th	1	Granby (C. Driscoll)	05:41.97	1.1%	00:01.33	00:00:03.77	
5th	5	Stone Bridge (S. Gollner)	05:44.56	1.9%	00:02.59	00:00:06.36	
6th	6	James River (B. Hurlocker)	05:49.29	3.3%	00:04.73	00:00:11.09	
Race 19: M-2-8 Heat 1 @ 10:06 AM							
1st	3	Woodbridge (N. Wood)	04:57.80				
2nd	4	Langley (P. Kristensen)	05:03.16	1.8%	00:05.36	00:00:05.36	
3rd	1	Oakton (A. Mai)	05:04.07	2.1%	00:00.91	00:00:06.27	
4th	2	Jefferson (J. Mangrio)	05:08.60	3.6%	00:04.53	00:00:10.80	
5th	5	Madison (W. Gallagher)	05:09.34	3.9%	00:00.74	00:00:11.54	
Race 20: M-2-8 Heat 2 @ 10:13 AM							
1st	4	McLean (T. Nappi)	04:58.90				
2nd	3	Yorktown (r. johnson)	05:00.95	0.7%	00:02.05	00:00:02.05	
3rd	5	W-L (R. Odenwelder)	05:01.24	0.8%	00:00.29	00:00:02.34	
4th	2	Woodson (R. Torgersen)	05:08.61	3.2%	00:07.37	00:00:09.71	
5th	1	W. Springfield (A. Shirazi)	05:17.45	6.2%	00:08.84	00:00:18.55	
6th	6	Robinson (G. Anderson)	05:20.33	7.2%	00:02.88	00:00:21.43	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 21: W-2-8 Heat 1 @ 10:20 AM							
1st	3	W-L (C. Slater)	05:40.90				
2nd	2	Robinson (J. St. Claire)	05:44.09	0.9%	00:03.19	00:00:03.19	
3rd	4	Visitation (G. McCarthy)	05:48.86	2.3%	00:04.77	00:00:07.96	
4th	5	Yorktown (H. Knowles)	05:51.11	3.0%	00:02.25	00:00:10.21	
5th	1	S. Friends (H. Marchick)	06:03.90	6.7%	00:12.79	00:00:23.00	
Race 22: W-2-8 Heat 2 @ 10:27 AM							
1st	3	TC Williams (A. Motsinger)	05:36.40				
2nd	5	L. Braddock (L. Ward)	05:42.27	1.7%	00:05.87	00:00:05.87	
3rd	4	Jefferson (S. Choi)	05:43.71	2.2%	00:01.44	00:00:07.31	
4th	2	McLean (E. Moss)	05:48.81	3.7%	00:05.10	00:00:12.41	
5th	6	Broad Run (A. Razon)	05:57.44	6.3%	00:08.63	00:00:21.04	
6th	1	Woodbridge (F. Tirari)	06:09.55	9.9%	00:12.11	00:00:33.15	
Race 23: M-1-4 Heat 1 @ 10:34 AM							
1st	3	Great Bridge (A. Saintsing)	05:24.00				
2nd	2	Mnt Vernon (J. Wharton)	05:31.12	2.2%	00:07.12	00:00:07.12	
3rd	1	Wakefield (C. Garama)	05:37.62	4.2%	00:06.50	00:00:13.62	
4th	5	James River (R. Keenum)	05:41.63	5.4%	00:04.01	00:00:17.63	
5th	4	S. County (E. Cryer)	05:46.05	6.8%	00:04.42	00:00:22.05	
6th	6	Briar Woods (J. Bird)	06:13.11	15.2%	00:27.06	00:00:49.11	
Race 24: M-1-4 Heat 2 @ 10:41 AM							
1st	3	TC Williams (S. Psaltis-Ivanis)	05:15.00				
2nd	4	L. Braddock (C. Cochran)	05:18.17	1.0%	00:03.17	00:00:03.17	
3rd	5	Fairfax (S. Morrow)	05:21.25	2.0%	00:03.08	00:00:06.25	
4th	2	W. Potomac (W. Herrington)	05:36.95	7.0%	00:15.70	00:00:21.95	
5th	6	Broad Run (R. Friedenber)	05:51.36	11.5%	00:14.41	00:00:36.36	
6th	1	1st Colonial (S. Woo)	06:34.16	25.1%	00:42.80	00:01:19.16	
Race 25: M-1-4 Heat 3 @ 10:48 AM							
1st	4	Forest Park (R. Romano)	05:18.60				
2nd	3	Hickory (W. Wilkinson)	05:22.67	1.3%	00:04.07	00:00:04.07	
3rd	2	Stone Bridge (E. Jones)	05:27.13	2.7%	00:04.46	00:00:08.53	
4th	5	Westfield (E. WILLARD)	05:41.95	7.3%	00:14.82	00:00:23.35	
5th	1	LCHS (A. Brun)	05:59.74	12.9%	00:17.79	00:00:41.14	
6th	6	Rock Ridge (R. Carney)	06:26.69	21.4%	00:26.95	00:01:08.09	
Race 26: W-1-4 Heat 1 @ 10:55 AM							
1st	3	Langley (T. Kuligowski)	05:55.20				
2nd	1	Westfield (M. Miller)	05:58.14	0.8%	00:02.94	00:00:02.94	
3rd	2	Briar Woods (A. Vel)	06:04.09	2.5%	00:05.95	00:00:08.89	
4th	4	Fairfax (K. Wells)	06:04.76	2.7%	00:00.67	00:00:09.56	
5th	5	1st Colonial (K. Beasley)	06:20.90	7.2%	00:16.14	00:00:25.70	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 27: W-1-4 Heat 2 @ 11:02 AM							
1st	4	W. Springfield (K. Rupinen)	05:54.50				
2nd	3	Stone Bridge (E. Puckett)	05:54.78	0.1%	00:00.28	00:00:00.28	
3rd	2	Norfolk Acad (s. baughman)	06:17.56	6.5%	00:22.78	00:00:23.06	
4th	5	Woodson (R. Sprouse)	06:18.77	6.8%	00:01.21	00:00:24.27	
5th	1	Woodbridge (B. Conteh)	07:04.79	19.8%	00:46.02	00:01:10.29	
Race 28: W-1-4 Heat 3 @ 11:09 AM							
1st	4	Episcopal (G. Shiverick)	06:00.50				
2nd	3	W. Potomac (C. Lane)	06:02.35	0.5%	00:01.85	00:00:01.85	
3rd	2	S. County (J. Connelie)	06:17.02	4.6%	00:14.67	00:00:16.52	
4th	5	Yorktown (G. Moore)	06:37.00	10.1%	00:19.98	00:00:36.50	
5th	1	Mnt Vernon (M. Carpio)	07:09.63	19.2%	00:32.63	00:01:09.13	
6th	6	Potomac (N. Pumpurs)	07:31.86	25.3%	00:22.23	00:01:31.36	
Race 29: M-1-8 Heat 1 @ 11:16 AM							
1st	3	McLean (J. Hilliard)	04:39.50				
2nd	4	W-L (W. Clarke)	04:42.79	1.2%	00:03.29	00:00:03.29	
3rd	2	Wakefield (N. Belvin)	04:45.77	2.2%	00:02.98	00:00:06.27	
4th	1	Norfolk Acad (H. Christoffersen)	04:57.31	6.4%	00:11.54	00:00:17.81	
5th	5	Robinson (C. Lane)	04:58.21	6.7%	00:00.90	00:00:18.71	
Race 30: M-1-8 Heat 2 @ 11:23 AM							
1st	3	Woodbridge (D. Conrad)	04:38.90				
2nd	4	Jefferson (K. Ganeshan)	04:40.94	0.7%	00:02.04	00:00:02.04	
3rd	2	Madison (D. Brune)	04:42.27	1.2%	00:01.33	00:00:03.37	
4th	5	W. Springfield (R. Law)	04:51.35	4.5%	00:09.08	00:00:12.45	
Race 31: M-1-8 Heat 3 @ 11:30 AM							
1st	4	Yorktown (J. Lacey)	04:38.60				
2nd	3	Oakton (T. Wilson)	04:40.44	0.7%	00:01.84	00:00:01.84	
3rd	5	Langley (S. Scott)	04:43.58	1.8%	00:03.14	00:00:04.98	
4th	2	Woodson (N. Shawley)	04:45.34	2.4%	00:01.76	00:00:06.74	
Race 32: W-1-8 Heat 1 @ 11:37 AM							
1st	3	TC Williams (C. Carey)	05:10.10				
2nd	2	Woodbridge (T. Barahona)	05:15.22	1.7%	00:05.12	00:00:05.12	
3rd	4	Jefferson (J. Damron)	05:19.23	2.9%	00:04.01	00:00:09.13	
4th	1	S. Friends (K. Ogden-Lord)	05:27.23	5.5%	00:08.00	00:00:17.13	
5th	5	Norfolk Acad (B. Galumbeck)	05:32.44	7.2%	00:05.21	00:00:22.34	
Race 33: W-1-8 Heat 2 @ 11:44 AM							
1st	5	Visitation (I. Sobolewski)	05:10.00				
2nd	4	L. Braddock (M. Morris)	05:13.19	1.0%	00:03.19	00:00:03.19	
3rd	3	Yorktown (K. Love)	05:13.61	1.2%	00:00.42	00:00:03.61	
4th	2	Robinson (K. Shortridge)	05:23.15	4.2%	00:09.54	00:00:13.15	
5th	1	Briar Woods (a. sibley)	05:46.61	11.8%	00:23.46	00:00:36.61	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 34: W-1-8 Heat 3 @ 11:51 AM							
1st	4	W-L (A. Wrenn-Walz)	05:12.70				
2nd	3	McLean (H. Gold)	05:18.43	1.8%	00:05.73	00:00:05.73	
3rd	2	Madison (L. Jiron)	05:21.54	2.8%	00:03.11	00:00:08.84	
4th	5	James River (C. Bocré)	05:29.58	5.4%	00:08.04	00:00:16.88	
5th	1	Westfield (M. McPherson)	06:02.11	15.8%	00:32.53	00:00:49.41	
Race 35: M-JR-4x Final @ 12:48 PM							
1st	4	Gloucester (T. Fox)	04:57.70				
2nd	3	Albemarle (C. Butler)	04:59.50	0.6%	00:01.80	00:00:01.80	
3rd	2	Hylton (N. Greene)	05:24.05	8.9%	00:24.55	00:00:26.35	
4th	5	W. Albermarle (S. Burguener)	05:29.87	10.8%	00:05.82	00:00:32.17	
5th	1	Gar-Field (O. Trejos)	05:39.38	14.0%	00:09.51	00:00:41.68	
Race 36: W-JR-4x Final @ 12:57 PM							
1st	3	Albemarle (R. Hasson)	05:27.90				
2nd	6	W. Albermarle FR (E. Ward)	05:36.14	2.5%	00:08.24	00:00:08.24	
3rd	4	W. Albermarle JR (M. Henderson)	05:53.76	7.9%	00:17.62	00:00:25.86	
4th	1	Stuart (D. Latham)	06:15.10	14.4%	00:21.34	00:00:47.20	
5th	5	Forest Park (M. Baldwin)	06:15.36	14.5%	00:00.26	00:00:47.46	
6th	2	Hylton (C. Diaz)	06:33.89	20.1%	00:18.53	00:01:05.99	
Race 37: M-1x Final @ 01:06 PM							
1st	4	James River (T. Foltz)	05:30.30				
2nd	3	Mathews (J. Raha)	05:34.25	1.2%	00:03.95	00:00:03.95	
3rd	2	Stuart (S. Mullane)	05:48.81	5.6%	00:14.56	00:00:18.51	
4th	5	Granby (L. Smith)	06:01.60	9.5%	00:12.79	00:00:31.30	
5th	1	Albemarle A (E. Williams)	06:04.22	10.3%	00:02.62	00:00:33.92	
6th	6	Albemarle B (W. Monroe)	06:09.14	11.8%	00:04.92	00:00:38.84	
Race 38: W- 1x Final @ 01:15 PM							
1st	4	Great Bridge (M. Parrott)	06:31.60				
2nd	3	Rockbridge (S. Stoneburner)	06:35.94	1.1%	00:04.34	00:00:04.34	
3rd	2	John Paul (M. Burns)	06:45.47	3.5%	00:09.53	00:00:13.87	
4th	1	Gloucester (A. Dough)	06:59.84	7.2%	00:14.37	00:00:28.24	
5th	5	Stuart (B. Carmody)	07:00.92	7.5%	00:01.08	00:00:29.32	
Race 39: M-2x Final @ 01:24 PM							
1st	3	Mathews (F. Rich)	05:01.60				
2nd	4	Albemarle (A. Pierce)	05:07.70	2.0%	00:06.10	00:00:06.10	
3rd	2	Gloucester (H. Emanus)	05:30.55	9.6%	00:22.85	00:00:28.95	
4th	5	Great Bridge (S. Wickenden)	05:33.89	10.7%	00:03.34	00:00:32.29	
5th	6	Hylton (J. Rush)	05:35.36	11.2%	00:01.47	00:00:33.76	
6th	1	Potomac (G. Fore)	05:57.63	18.6%	00:22.27	00:00:56.03	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 40: W-2x Final @ 01:33 PM							
1st	3	Albemarle (E. Wuensch)	05:47.00				
2nd	4	W. Albermarle (S. Stevens)	06:15.38	8.2%	00:28.38	00:00:28.38	
3rd	1	Hylton (C. Lee)	06:19.47	9.4%	00:04.09	00:00:32.47	
4th	5	Mathews (R. Witt)	06:19.70	9.4%	00:00.23	00:00:32.70	
5th	2	Granby (K. McMahon)	06:28.67	12.0%	00:08.97	00:00:41.67	
Race 41: M-JR-2x Final @ 01:42 PM							
1st	2	W. Albermarle (V. Burguener)	05:23.20				
2nd	3	Great Bridge (S. McGlynn)	05:33.57	3.2%	00:10.37	00:00:10.37	
3rd	4	Gloucester (J. Jones)	05:58.21	10.8%	00:24.64	00:00:35.01	
4th	5	Albemarle (A. Edwards)	06:03.21	12.4%	00:05.00	00:00:40.01	
5th	1	Potomac (S. Bowers)	06:28.95	20.3%	00:25.74	00:01:05.75	
Race 42: W-JR-2x Final @ 01:51 PM							
1st	3	James River (C. chamberlain)	05:53.60				
2nd	1	Wakefield (L. Kelly)	05:55.47	0.5%	00:01.87	00:00:01.87	
3rd	4	W. Albermarle (C. Allison)	05:56.54	0.8%	00:01.07	00:00:02.94	
4th	2	Forest Park (Y. Nam)	05:57.90	1.2%	00:01.36	00:00:04.30	
5th	6	Grassfield (S. Mazat)	06:03.62	2.8%	00:05.72	00:00:10.02	
6th	5	Hylton (I. Sankoh)	06:07.92	4.0%	00:04.30	00:00:14.32	
Race 43: W-LT-2x Final @ 02:00 PM							
1st	3	Albemarle (O. Hall)	06:05.10				
2nd	4	W. Albermarle (S. Brewster)	06:15.51	2.9%	00:10.41	00:00:10.41	
3rd	2	Stuart (V. Tran)	06:30.52	7.0%	00:15.01	00:00:25.42	
4th	5	Forest Park (P. Cattler)	07:10.38	17.9%	00:39.86	00:01:05.28	
Race 44: M-1-4x Final @ 02:09 PM							
1st	3	W. Albermarle (C. DeVito)	04:54.10				
2nd	5	Granby (T. Bowes)	05:00.68	2.2%	00:06.58	00:00:06.58	
3rd	6	S. County (J. Wilkie)	05:01.55	2.5%	00:00.87	00:00:07.45	
4th	4	Forest Park (S. Sherwood)	05:02.61	2.9%	00:01.06	00:00:08.51	
5th	2	Stuart (C. Haver)	05:17.85	8.1%	00:15.24	00:00:23.75	
Race 45: W-1-4x Final @ 02:18 PM							
1st	3	W. Albermarle 1st (H. Carter)	05:22.40				
2nd	4	Colgan (L. Nicolai)	05:24.82	0.8%	00:02.42	00:00:02.42	
3rd	2	Stuart (P. McGuigan)	05:25.53	1.0%	00:00.71	00:00:03.13	
4th	6	W. Albermarle LTW (E. Massarelli)	05:36.96	4.5%	00:11.43	00:00:14.56	
5th	5	TC Williams (H. Parsons)	05:53.79	9.7%	00:16.83	00:00:31.39	
Race 46: M-JR-4 Final @ 02:27 PM							
1st	4	Broad Run (M. Galleher)	05:16.30				
2nd	3	L. Braddock (L. Mermagen)	05:20.83	1.4%	00:04.53	00:00:04.53	
3rd	2	Stone Bridge (N. Liston)	05:25.70	3.0%	00:04.87	00:00:09.40	
4th	5	Granby (E. Moreira-Caso)	05:29.34	4.1%	00:03.64	00:00:13.04	
5th	6	Langley (W. hogg)	05:38.31	7.0%	00:08.97	00:00:22.01	
6th	1	Woodson (H. McClintick)	05:39.29	7.3%	00:00.98	00:00:22.99	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
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Race 46: M-JR-4 Final @ 02:27 PM

Race 47: W-JR-4 Final @ 02:36 PM

1st	3	Oakton (E. Burghardt)	05:37.70				
2nd	4	Great Bridge (A. Hardy)	05:42.44	1.4%	00:04.74	00:00:04.74	
3rd	5	Episcopal (I. Bechtel)	06:00.73	6.8%	00:18.29	00:00:23.03	
4th	1	Granby (N. Schaus)	06:03.94	7.8%	00:03.21	00:00:26.24	
5th	6	Norfolk Acad (L. Smith)	06:10.03	9.6%	00:06.09	00:00:32.33	
6th	2	Stone Bridge (A. Kittelson)	06:19.70	12.4%	00:09.67	00:00:42.00	

Race 48: M-LT-4 Final @ 02:45 PM

1st	4	Norfolk Acad (P. McNider)	05:14.60				
2nd	2	Great Bridge (R. Tugas)	05:18.75	1.3%	00:04.15	00:00:04.15	
3rd	3	Stuart (M. Ferrell)	05:18.92	1.4%	00:00.17	00:00:04.32	
4th	1	Forest Park (R. Koos)	05:22.01	2.4%	00:03.09	00:00:07.41	
5th	5	Briar Woods (M. Leon)	05:22.42	2.5%	00:00.41	00:00:07.82	
6th	6	TC Williams (C. Bright)	05:32.74	5.8%	00:10.32	00:00:18.14	

Race 49: W-LT-4 Final @ 02:54 PM

1st	1	Wakefield (A. Kotliarov)	05:41.20				
2nd	4	Oakton (K. Fukahori)	05:51.51	3.0%	00:10.31	00:00:10.31	
3rd	3	Langley (M. Givens)	05:54.42	3.9%	00:02.91	00:00:13.22	
4th	2	Norfolk Acad (J. Permenter)	06:28.65	13.9%	00:34.23	00:00:47.45	
5th	5	James River (M. Showalter)	06:49.94	20.1%	00:21.29	00:01:08.74	

Race 50: M-2-8 Final @ 03:03 PM

1st	3	Woodbridge (N. Wood)	04:37.90				
2nd	4	McLean (T. Nappi)	04:43.58	2.0%	00:05.68	00:00:05.68	
3rd	2	Yorktown (r. johnson)	04:46.36	3.0%	00:02.78	00:00:08.46	
4th	5	Langley (P. Kristensen)	04:47.67	3.5%	00:01.31	00:00:09.77	
5th	1	Oakton (A. Mai)	04:47.98	3.6%	00:00.31	00:00:10.08	
6th	6	W-L (R. Odenwelder)	04:55.81	6.4%	00:07.83	00:00:17.91	

Race 51: W-2-8 Final @ 03:12 PM

1st	4	TC Williams (A. Motsinger)	05:12.30				
2nd	3	W-L (C. Slater)	05:14.13	0.6%	00:01.83	00:00:01.83	
3rd	5	Robinson (J. St. Claire)	05:25.12	4.1%	00:10.99	00:00:12.82	
4th	6	Jefferson (S. Choi)	05:29.64	5.6%	00:04.52	00:00:17.34	
5th	2	L. Braddock (L. Ward)	05:30.28	5.8%	00:00.64	00:00:17.98	
6th	1	Visitation (G. McCarthy)	05:46.29	10.9%	00:16.01	00:00:33.99	

Race 52: W-LT-8 Final @ 03:21 PM

1st	3	Woodson (J. Hissong)	05:16.00				
2nd	4	TC Williams (A. Elkins)	05:22.77	2.1%	00:06.77	00:00:06.77	
3rd	2	L. Braddock (C. Renier)	05:39.99	7.6%	00:17.22	00:00:23.99	
4th	5	Granby (C. Aldridge)	05:42.89	8.5%	00:02.90	00:00:26.89	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 53: M-1-4 Petite Final @ 03:30 PM							
1st	3	Fairfax (S. Morrow)	05:20.60				
2nd	5	Stone Bridge (E. Jones)	05:24.64	1.3%	00:04.04	00:00:04.04	
3rd	6	W. Potomac (W. Herrington)	05:33.95	4.2%	00:09.31	00:00:13.35	
4th	1	Westfield (E. WILLARD)	05:36.56	5.0%	00:02.61	00:00:15.96	
5th	4	Wakefield (C. Garama)	05:38.70	5.6%	00:02.14	00:00:18.10	
6th	2	James River (R. Keenum)	05:43.98	7.3%	00:05.28	00:00:23.38	
Race 54: M-1-4 Final @ 03:35 PM							
1st	3	TC Williams (S. Psaltis-Ivanis)	05:03.20				
2nd	4	Great Bridge (A. Saintsing)	05:04.35	0.4%	00:01.15	00:00:01.15	
3rd	5	Forest Park (R. Romano)	05:07.20	1.3%	00:02.85	00:00:04.00	
4th	6	L. Braddock (C. Cochran)	05:10.44	2.4%	00:03.24	00:00:07.24	
5th	1	Hickory (W. Wilkinson)	05:11.81	2.8%	00:01.37	00:00:08.61	
6th	2	Mnt Vernon (J. Wharton)	05:28.05	8.2%	00:16.24	00:00:24.85	
Race 55: W-1-4 Petite Final @ 03:40 PM							
1st	4	Briar Woods (A. Vel)	05:52.60				
2nd	2	Fairfax (K. Wells)	05:57.13	1.3%	00:04.53	00:00:04.53	
3rd	5	S. County (J. Connelie)	06:04.44	3.4%	00:07.31	00:00:11.84	
4th	3	Norfolk Acad (s. baughman)	06:18.99	7.5%	00:14.55	00:00:26.39	
5th	1	Yorktown (G. Moore)	06:28.74	10.2%	00:09.75	00:00:36.14	
	6	Woodson (R. Sprouse)	Scratch				
Race 56: W-1-4 Final @ 03:45 PM							
1st	4	Langley (T. Kuligowski)	05:38.90				
2nd	6	Stone Bridge (E. Puckett)	05:41.88	0.9%	00:02.98	00:00:02.98	
3rd	5	Episcopal (G. Shiverick)	05:46.76	2.3%	00:04.88	00:00:07.86	
4th	1	W. Potomac (C. Lane)	05:48.31	2.8%	00:01.55	00:00:09.41	
5th	3	W. Springfield (K. Rupinen)	05:48.54	2.8%	00:00.23	00:00:09.64	
6th	2	Westfield (M. Miller)	05:53.68	4.4%	00:05.14	00:00:14.78	
Race 57: M-1-8 Petite Final @ 03:50 PM							
1st	4	Wakefield (N. Belvin)	04:40.70				
2nd	3	Madison (D. Brune)	04:40.86	0.1%	00:00.16	00:00:00.16	
3rd	6	W. Springfield (R. Law)	04:46.19	2.0%	00:05.33	00:00:05.49	
4th	5	Langley (S. Scott)	04:46.73	2.1%	00:00.54	00:00:06.03	
5th	2	Norfolk Acad (H. Christoffersen)	05:00.14	6.9%	00:13.41	00:00:19.44	
	1	Woodson (N. Shawley)	Scratch				
Race 58: M-1-8 Final @ 03:55 PM							
1st	4	McLean (J. Hilliard)	04:28.90				
2nd	3	Woodbridge (D. Conrad)	04:29.50	0.2%	00:00.60	00:00:00.60	
3rd	6	Jefferson (K. Ganeshan)	04:33.24	1.6%	00:03.74	00:00:04.34	
4th	1	Oakton (T. Wilson)	04:33.68	1.8%	00:00.44	00:00:04.78	
5th	2	W-L (W. Clarke)	04:33.99	1.9%	00:00.31	00:00:05.09	
6th	5	Yorktown (J. Lacey)	04:37.80	3.3%	00:03.81	00:00:08.90	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
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Race 59: W-1-8 Petite Final @ 04:00 PM

1st	3	Yorktown (K. Love)	05:20.70				
2nd	4	Jefferson (J. Damron)	05:23.51	0.9%	00:02.81	00:00:02.81	
3rd	5	Madison (L. Jiron)	05:24.03	1.0%	00:00.52	00:00:03.33	
4th	6	Robinson (K. Shortridge)	05:32.25	3.6%	00:08.22	00:00:11.55	
5th	2	S. Friends (K. Ogden-Lord)	05:39.21	5.8%	00:06.96	00:00:18.51	
6th	1	James River (C. Bocrie)	05:47.68	8.4%	00:08.47	00:00:26.98	

Race 60: W-1-8 Final @ 04:05 PM

1st	4	TC Williams (C. Carey)	05:12.80				
2nd	5	W-L (A. Wrenn-Walz)	05:20.74	2.5%	00:07.94	00:00:07.94	
3rd	3	Visitation (I. Sobolewski)	05:24.25	3.7%	00:03.51	00:00:11.45	
4th	2	Woodbridge (T. Barahona)	05:25.64	4.1%	00:01.39	00:00:12.84	
5th	1	McLean (H. Gold)	05:27.96	4.8%	00:02.32	00:00:15.16	
6th	6	L. Braddock (M. Morris)	05:28.33	5.0%	00:00.37	00:00:15.53	