



2018 VSRC Day 1

Official Results

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 1: M-JR-8 Heat 1 @ 08:00 AM							
1st	3	TC Williams (T. Cocke)	05:05.00				
2nd	4	Jefferson (A. Zheng)	05:17.48	4.1%	00:12.48	00:00:12.48	
3rd	2	L. Braddock (J. Fox)	05:25.79	6.8%	00:08.31	00:00:20.79	
4th	5	W. Potomac (J. Phipps)	05:26.11	6.9%	00:00.32	00:00:21.11	
Race 2: M-JR-8 Heat 2 @ 08:08 AM							
1st	5	S. County (A. Jones)	05:03.10				
2nd	4	Yorktown (S. Schwarz)	05:07.73	1.5%	00:04.63	00:00:04.63	
3rd	3	Forest Park (M. Chaudhry)	05:12.64	3.1%	00:04.91	00:00:09.54	
4th	2	LCHS (A. Patel)	06:18.76	25.0%	01:06.12	00:01:15.66	
Race 3: W-JR-8 Heat 1 @ 08:16 AM							
1st	3	Woodson (C. Moore)	05:55.90				
2nd	2	W-L (S. Wheelock)	06:06.80	3.1%	00:10.90	00:00:10.90	
3rd	5	W. Springfield (R. Fleming)	06:23.88	7.9%	00:17.08	00:00:27.98	
	4	W. Potomac (H. Kenyon)	Scratch				
Race 4: W-JR-8 Heat 2 @ 08:24 AM							
1st	3	S. County (A. LaChanse)	06:01.00				
2nd	2	Oakton (G. Kim)	06:01.25	0.1%	00:00.25	00:00:00.25	
3rd	4	Madison (M. Harvey)	06:10.46	2.6%	00:09.21	00:00:09.46	
4th	5	LCHS (K. Ray)	07:45.88	29.1%	01:35.42	00:01:44.88	
Race 5: M-N-4 Heat 1 @ 08:32 AM							
1st	3	Fairfax (B. Kirkwood)	06:08.30				
2nd	1	Stone Bridge (M. Mills)	06:32.63	6.6%	00:24.33	00:00:24.33	
3rd	5	John Paul (J. Coyle)	06:35.33	7.3%	00:02.70	00:00:27.03	
4th	4	W-L (G. Ettelt)	06:41.75	9.1%	00:06.42	00:00:33.45	
5th	2	LCHS (C. Suttie)	06:49.87	11.3%	00:08.12	00:00:41.57	
6th	6	Mnt Vernon FR (L. Schneider)	07:56.38	29.3%	01:06.51	00:01:48.08	
Race 6: M-N-4 Heat 2 @ 08:40 AM							
1st	3	Mnt Vernon NOV (A. Garmiani)	06:04.40				
2nd	5	Granby (Z. Casey)	06:18.69	3.9%	00:14.29	00:00:14.29	
3rd	2	Robinson (K. Wojcik)	06:32.33	7.7%	00:13.64	00:00:27.93	
4th	4	Hylton (D. Gamarra)	06:48.97	12.2%	00:16.64	00:00:44.57	
5th	1	Rock Ridge (X. Tan)	06:49.40	12.3%	00:00.43	00:00:45.00	
6th	6	Briar Woods (A. Eda)	06:50.79	12.7%	00:01.39	00:00:46.39	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 7: M-N-4 Heat 3 @ 08:48 AM							
1st	4	Langley (B. Johnson)	06:05.20				
2nd	3	McLean (T. Dunfee)	06:24.94	5.4%	00:19.74	00:00:19.74	
3rd	5	Yorktown (C. Johnson)	06:29.65	6.7%	00:04.71	00:00:24.45	
4th	2	Madison (A. Kamath)	06:47.08	11.5%	00:17.43	00:00:41.88	
Race 8: W-N-4 Heat 1 @ 08:56 AM							
1st	4	Briar Woods (S. McKnight)	06:55.60				
2nd	2	Episcopal (L. Bland)	07:04.22	2.1%	00:08.62	00:00:08.62	
3rd	5	Rock Ridge (S. Halstead)	07:08.42	3.1%	00:04.20	00:00:12.82	
4th	1	L. Braddock (A. Henok)	07:31.46	8.6%	00:23.04	00:00:35.86	
	3	Yorktown (C. Wright)	Scratch				
Race 9: W-N-4 Heat 2 @ 09:04 AM							
1st	3	Wakefield (A. Rissmeyer)	06:45.10				
2nd	4	Fairfax (A. Romero)	06:58.87	3.4%	00:13.77	00:00:13.77	
3rd	2	S. County (M. Maunakea)	07:05.03	4.9%	00:06.16	00:00:19.93	
4th	5	Madison (M. Sachs)	07:07.69	5.6%	00:02.66	00:00:22.59	
5th	1	Langley (P. Graves)	07:22.81	9.3%	00:15.12	00:00:37.71	
6th	6	Broad Run (F. Cheng)	07:57.37	17.8%	00:34.56	00:01:12.27	
Race 10: M-N-8 Heat 1 @ 09:12 AM							
1st	3	S. County (R. Nalls)	05:26.10				
2nd	2	Oakton (J. O'Grady)	05:35.79	3.0%	00:09.69	00:00:09.69	
3rd	4	Yorktown (I. Christensen)	05:45.78	6.0%	00:09.99	00:00:19.68	
4th	5	Langley (M. ZHENG)	06:11.06	13.8%	00:25.28	00:00:44.96	
5th	1	Briar Woods (B. Elmore)	06:38.78	22.3%	00:27.72	00:01:12.68	
Race 11: M-N-8 Heat 2 @ 09:20 AM							
1st	2	Wakefield (E. Thomas)	05:18.20				
2nd	4	Woodson (B. Stump)	05:27.81	3.0%	00:09.61	00:00:09.61	
3rd	3	L. Braddock (A. Miranda)	05:28.30	3.2%	00:00.49	00:00:10.10	
4th	1	Broad Run (M. Chun)	06:24.07	20.7%	00:55.77	00:01:05.87	
5th	5	W. Potomac (D. Ball)	06:38.35	25.2%	00:14.28	00:01:20.15	
Race 12: M-N-8 Heat 3 @ 09:28 AM							
1st	3	Robinson (A. Casper)	05:17.20				
2nd	5	TC Williams (J. Silva-Camillo)	05:17.42	0.1%	00:00.22	00:00:00.22	
3rd	4	McLean (I. Forrer)	05:18.38	0.4%	00:00.96	00:00:01.18	
4th	2	Westfield (J. Fisher)	05:54.48	11.8%	00:36.10	00:00:37.28	
Race 13: W-N-8 Heat 1 @ 09:36 AM							
1st	2	McLean (E. Campbell)	06:09.30				
2nd	3	TC Williams (S. Jaffe)	06:09.30				
3rd	4	L. Braddock (J. Arnold)	06:18.55	2.5%	00:09.25	00:00:09.25	
4th	1	Oakton (S. Pohlman)	06:34.51	6.8%	00:15.96	00:00:25.21	
5th	5	Briar Woods (C. Dailey)	06:52.52	11.7%	00:18.01	00:00:43.22	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 14: W-N-8 Heat 2 @ 09:44 AM							
1st	3	S.,Friends (E. Caramazza)	05:57.60				
2nd	1	Langley (H. Yang)	06:04.58	2.0%	00:06.98	00:00:06.98	
3rd	2	Robinson (M. Lee)	06:11.85	4.0%	00:07.27	00:00:14.25	
4th	4	John Paul (K. Michael)	06:16.36	5.2%	00:04.51	00:00:18.76	
5th	5	W. Potomac (A. Burns)	06:42.64	12.6%	00:26.28	00:00:45.04	
Race 15: W-N-8 Heat 3 @ 09:52 AM							
1st	4	Yorktown (G. McWilliams)	06:07.10				
2nd	3	Westfield (M. Tate)	06:09.47	0.6%	00:02.37	00:00:02.37	
3rd	2	Colgan (C. Gates)	06:30.69	6.4%	00:21.22	00:00:23.59	
4th	5	Visitation (E. Waddick)	06:32.55	6.9%	00:01.86	00:00:25.45	
Race 16: M-2-4 Heat 1 @ 10:00 AM							
1st	3	L. Braddock (K. Moore)	05:56.30				
2nd	5	John Paul (P. Brisbin)	06:00.04	1.0%	00:03.74	00:00:03.74	
3rd	2	TC Williams (R. Bavin)	06:06.45	2.8%	00:06.41	00:00:10.15	
4th	4	Mnt Vernon (B. Holt)	06:13.91	4.9%	00:07.46	00:00:17.61	
5th	1	Fairfax (S. Umarchodjaev)	06:41.11	12.6%	00:27.20	00:00:44.81	
Race 17: M-2-4 Heat 2 @ 10:08 AM							
1st	5	Hickory (A. Ryu)	05:49.60				
2nd	4	W. Potomac (B. Trigg)	06:06.53	4.8%	00:16.93	00:00:16.93	
3rd	2	Stone Bridge (M. Hughes)	06:17.98	8.1%	00:11.45	00:00:28.38	
4th	3	Broad Run (E. McNally)	06:26.56	10.6%	00:08.58	00:00:36.96	
5th	1	Wakefield (B. Rafky)	06:49.64	17.2%	00:23.08	00:01:00.04	
Race 18: W-2-4 Heat 1 @ 10:16 AM							
1st	3	W. Potomac 2nd (C. Hammer)	06:29.60				
2nd	4	Fairfax (D. Bridwell)	06:32.45	0.7%	00:02.85	00:00:02.85	
3rd	2	Langley (T. Snyder)	06:51.34	5.6%	00:18.89	00:00:21.74	
4th	6	W. Potomac 3rd (K. Lapan)	06:51.53	5.6%	00:00.19	00:00:21.93	
5th	5	Mnt Vernon (E. Medrano)	07:13.33	11.2%	00:21.80	00:00:43.73	
6th	1	Stone Bridge 2nd (K. Elliott)	07:21.97	13.4%	00:08.64	00:00:52.37	
Race 19: W-2-4 Heat 2 @ 10:24 AM							
1st	3	W. Springfield (E. Cashman)	06:27.40				
2nd	4	Broad Run (H. Luft)	06:44.75	4.5%	00:17.35	00:00:17.35	
3rd	5	Rock Ridge (K. Louh)	06:53.67	6.8%	00:08.92	00:00:26.27	
4th	2	Yorktown (S. Asinugo)	07:13.52	11.9%	00:19.85	00:00:46.12	
5th	1	Stone Bridge 3rd (E. Dilley)	07:28.95	15.9%	00:15.43	00:01:01.55	
Race 20: M-FR-8 Heat 1 @ 10:32 AM							
1st	3	TC Williams (N. Schuerhoff)	05:15.50				
2nd	4	Madison (G. Jiron)	05:21.18	1.8%	00:05.68	00:00:05.68	
3rd	5	Woodbridge (T. Tafe)	05:23.94	2.7%	00:02.76	00:00:08.44	
4th	2	Yorktown (D. Lowe)	05:29.32	4.4%	00:05.38	00:00:13.82	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 21: M-FR-8 Heat 2 @ 10:40 AM							
1st	3	McLean (G. Palmer)	05:19.60				
2nd	4	W. Springfield (L. Price)	05:40.25	6.5%	00:20.65	00:00:20.65	
3rd	2	Jefferson (T. Cuddy)	05:43.22	7.4%	00:02.97	00:00:23.62	
4th	5	W. Potomac (J. Cook)	05:57.73	11.9%	00:14.51	00:00:38.13	
Race 22: W-FR-8 Heat 1 @ 10:48 AM							
1st	3	McLean (T. Benedict)	05:35.40				
2nd	2	Madison (H. Johnson)	05:54.33	5.6%	00:18.93	00:00:18.93	
3rd	5	Oakton (J. Montenegro)	06:03.48	8.4%	00:09.15	00:00:28.08	
4th	4	Woodbridge (A. Zabel)	06:12.36	11.0%	00:08.88	00:00:36.96	
5th	1	Briar Woods (R. Malhotra)	06:45.92	21.0%	00:33.56	00:01:10.52	
Race 23: W-FR-8 Heat 2 @ 10:56 AM							
1st	3	TC Williams (R. Bucholz)	05:50.60				
2nd	2	Jefferson (J. Feldhaus)	05:59.87	2.6%	00:09.27	00:00:09.27	
3rd	4	Woodson (K. Hester)	06:02.00	3.3%	00:02.13	00:00:11.40	
4th	5	L. Braddock (R. Morris)	06:08.84	5.2%	00:06.84	00:00:18.24	
Race 24: W-FR-8 Heat 3 @ 11:04 AM							
1st	3	Yorktown (A. Hecmanczuk)	05:54.50				
2nd	4	W. Springfield (E. Thompson)	06:06.78	3.5%	00:12.28	00:00:12.28	
3rd	5	Colgan (K. Judd)	06:11.66	4.8%	00:04.88	00:00:17.16	
4th	2	Visitation (A. Porter)	06:32.56	10.7%	00:20.90	00:00:38.06	
Race 25: W-4- 8 Final @ 12:02 PM							
1st	3	W-L (R. Christensen)	06:18.80				
2nd	2	TC Williams (J. Lager)	06:27.37	2.3%	00:08.57	00:00:08.57	
3rd	4	Colgan (J. Roderick)	06:30.27	3.0%	00:02.90	00:00:11.47	
Race 26: M-4-8 Final @ 12:10 PM							
1st	3	Jefferson (P. Damle)	05:12.80				
2nd	4	Woodbridge (M. Matsuda)	05:31.11	5.9%	00:18.31	00:00:18.31	
3rd	5	Colgan (G. Hornauer)	05:39.24	8.5%	00:08.13	00:00:26.44	
4th	2	Oakton (O. Cassidy)	05:51.76	12.5%	00:12.52	00:00:38.96	
Race 27: M-N-4 Final @ 12:18 PM							
1st	3	Mnt Vernon NOV (A. Garmiani)	05:51.20				
2nd	5	Langley (B. Johnson)	05:54.11	0.8%	00:02.91	00:00:02.91	
3rd	4	Fairfax (B. Kirkwood)	06:01.80	3.0%	00:07.69	00:00:10.60	
4th	6	Granby (Z. Casey)	06:03.74	3.6%	00:01.94	00:00:12.54	
5th	1	McLean (T. Dunfee)	06:18.83	7.9%	00:15.09	00:00:27.63	
6th	2	Stone Bridge (M. Mills)	06:37.80	13.3%	00:18.97	00:00:46.60	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 28: W-N-4 Final @ 12:26 PM							
1st	4	Wakefield (A. Rissmeyer)	06:25.10				
2nd	2	Fairfax (A. Romero)	06:36.19	2.9%	00:11.09	00:00:11.09	
3rd	3	Briar Woods (S. McKnight)	06:39.46	3.7%	00:03.27	00:00:14.36	
4th	6	S. County (M. Maunakea)	06:44.84	5.1%	00:05.38	00:00:19.74	
5th	5	Episcopal (L. Bland)	06:46.90	5.7%	00:02.06	00:00:21.80	
6th	1	Rock Ridge (S. Halstead)	07:02.77	9.8%	00:15.87	00:00:37.67	
Race 29: M-N-8 Final @ 12:34 PM							
1st	3	Wakefield (E. Thomas)	05:00.20				
2nd	4	S. County (R. Nalls)	05:04.23	1.3%	00:04.03	00:00:04.03	
3rd	5	Robinson (A. Casper)	05:09.84	3.2%	00:05.61	00:00:09.64	
4th	1	TC Williams (J. Silva-Camillo)	05:15.56	5.1%	00:05.72	00:00:15.36	
5th	6	Woodson (B. Stump)	05:19.94	6.6%	00:04.38	00:00:19.74	
6th	2	Oakton (J. O'Grady)	05:20.23	6.7%	00:00.29	00:00:20.03	
Race 30: W-N-8 Final @ 12:42 PM							
1st	3	S.,Friends (E. Caramazza)	05:43.55			00:00:01.95	
2nd	5	Yorktown (G. McWilliams)	05:47.83	1.2%	00:04.28	00:00:06.23	
3rd	4	TC Williams (S. Jaffe)	05:53.34	2.8%	00:05.51	00:00:11.74	
4th	1	Westfield (M. Tate)	05:54.87	3.3%	00:01.53	00:00:13.27	
5th	6	Langley (H. Yang)	05:55.05	3.3%	00:00.18	00:00:13.45	
6th	2	L. Braddock (J. Arnold)	06:06.67	6.7%	00:11.62	00:00:25.07	
Exhib	7	McLean (E. Campbell)	05:41.60				
Race 31: M-3-8 Final @ 12:50 PM							
1st	3	Woodbridge (M. Jesswein)	04:59.90				
2nd	4	Jefferson (B. Kim)	05:06.16	2.1%	00:06.26	00:00:06.26	
3rd	2	Robinson (T. Lennon)	05:18.61	6.2%	00:12.45	00:00:18.71	
3rd	5	Oakton (B. Dolan)	05:18.61	6.2%		00:00:18.71	
4th	1	W-L (B. Menza)	05:21.64	7.2%	00:03.03	00:00:21.74	
5th	6	Colgan (P. Erickson)	05:43.56	14.6%	00:21.92	00:00:43.66	
Race 32: W-3-8 Final @ 12:58 PM							
1st	3	TC Williams (G. Willmore)	05:39.30				
2nd	2	Colgan (v. Kennedy)	05:52.90	4.0%	00:13.60	00:00:13.60	
3rd	5	Jefferson (K. Buddhiraju)	05:57.63	5.4%	00:04.73	00:00:18.33	
4th	4	W-L (E. Newman)	05:57.90	5.5%	00:00.27	00:00:18.60	
Race 33: M-FR-8 Final @ 01:06 PM							
1st	4	McLean (G. Palmer)	04:55.80				
2nd	3	TC Williams (N. Schuerhoff)	04:57.15	0.5%	00:01.35	00:00:01.35	
3rd	5	Madison (G. Jiron)	05:06.17	3.5%	00:09.02	00:00:10.37	
4th	2	W. Springfield (L. Price)	05:07.61	4.0%	00:01.44	00:00:11.81	
5th	1	Woodbridge (T. Tafe)	05:14.73	6.4%	00:07.12	00:00:18.93	
6th	6	Jefferson (T. Cuddy)	05:44.86	16.6%	00:30.13	00:00:49.06	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 34: W-FR-8 Final @ 01:14 PM							
1st	4	McLean (T. Benedict)	05:21.10				
2nd	3	TC Williams (R. Bucholz)	05:21.48	0.1%	00:00.38	00:00:00.38	
3rd	5	Yorktown (A. Hecmanczuk)	05:33.82	4.0%	00:12.34	00:00:12.72	
4th	1	W. Springfield (E. Thompson)	05:44.69	7.3%	00:10.87	00:00:23.59	
5th	2	Madison (H. Johnson)	05:48.45	8.5%	00:03.76	00:00:27.35	
6th	6	Jefferson (J. Feldhaus)	05:56.55	11.0%	00:08.10	00:00:35.45	
Race 35: M-2-4 Final @ 01:22 PM							
1st	4	Hickory (A. Ryu)	05:31.50				
2nd	3	L. Braddock (K. Moore)	05:39.01	2.3%	00:07.51	00:00:07.51	
3rd	5	John Paul (P. Brisbin)	05:49.68	5.5%	00:10.67	00:00:18.18	
4th	1	TC Williams (R. Bavin)	05:56.09	7.4%	00:06.41	00:00:24.59	
5th	2	W. Potomac (B. Trigg)	05:59.37	8.4%	00:03.28	00:00:27.87	
6th	6	Stone Bridge (M. Hughes)	06:04.05	9.8%	00:04.68	00:00:32.55	
Race 36: W-2-4 Final @ 01:30 PM							
1st	4	W. Springfield (E. Cashman)	06:05.30				
2nd	3	W. Potomac 2nd (C. Hammer)	06:09.56	1.2%	00:04.26	00:00:04.26	
3rd	5	Fairfax (D. Bridwell)	06:15.12	2.7%	00:05.56	00:00:09.82	
4th	2	Broad Run (H. Luft)	06:30.44	6.9%	00:15.32	00:00:25.14	
5th	6	Rock Ridge (K. Louh)	06:32.82	7.5%	00:02.38	00:00:27.52	
6th	1	Langley (T. Snyder)	06:34.52	8.0%	00:01.70	00:00:29.22	
Race 37: M-JR-8 Final @ 01:38 PM							
1st	4	S. County (A. Jones)	04:40.90				
2nd	3	TC Williams (T. Cocke)	04:42.10	0.4%	00:01.20	00:00:01.20	
3rd	5	Jefferson (A. Zheng)	04:48.15	2.6%	00:06.05	00:00:07.25	
4th	2	Yorktown (S. Schwarz)	04:50.96	3.6%	00:02.81	00:00:10.06	
5th	6	Forest Park (M. Chaudhry)	04:53.43	4.5%	00:02.47	00:00:12.53	
6th	1	L. Braddock (J. Fox)	05:10.89	10.7%	00:17.46	00:00:29.99	
Race 38: W-JR-8 Final @ 01:46 PM							
1st	3	Woodson (C. Moore)	05:29.80				
2nd	6	Madison (M. Harvey)	05:30.15	0.1%	00:00.35	00:00:00.35	
3rd	4	S. County (A. LaChanse)	05:31.22	0.4%	00:01.07	00:00:01.42	
4th	5	W-L (S. Wheelock)	05:32.50	0.8%	00:01.28	00:00:02.70	
5th	2	Oakton (G. Kim)	05:40.38	3.2%	00:07.88	00:00:10.58	