



2018 Al Urquia Regatta

Official Results

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 1: M-1-4 Heat 1 @ 09:00 AM							
1st	1	St. Johns (P. WINES)	05:46.20				
2nd	3	Forest Park (R. Romano)	05:58.20	3.5%	00:12.00	00:00:12.00	
3rd	2	W. Springfield (P. kalata)	06:31.54	13.1%	00:33.34	00:00:45.34	
4th	4	LCHS (A. Brun)	06:38.48	15.1%	00:06.94	00:00:52.28	
5th	5	Wilson (A. Harris)	06:44.17	16.7%	00:05.69	00:00:57.97	
Race 2: M-1-4 Heat 2 @ 09:07 AM							
1st	1	O'Connell (A. Berry)	05:22.80				
2nd	3	L. Braddock (C. Cochran)	05:26.37	1.1%	00:03.57	00:00:03.57	
3rd	4	Fairfax (S. Morrow)	05:38.46	4.9%	00:12.09	00:00:15.66	
4th	2	Wakefield (C. Garama)	05:43.47	6.4%	00:05.01	00:00:20.67	
5th	5	G'town Day (B. Burnett)	05:46.68	7.4%	00:03.21	00:00:23.88	
Race 3: W-1-4 Heat 1 @ 09:14 AM							
1st	3	Langley (T. Kuligowski)	05:56.86				
2nd	6	Wakefield (A. Kotliarov)	05:58.63	0.5%	00:01.77	00:00:01.77	
3rd	1	Briar Woods (A. Vel)	06:03.10	1.7%	00:04.47	00:00:06.24	
4th	4	S. County (A. Taradash)	06:06.76	2.8%	00:03.66	00:00:09.90	
5th	5	St. Johns (S. O'Donnell)	06:12.20	4.3%	00:05.44	00:00:15.34	
6th	2	Woodson (R. Sprouse)	06:12.41	4.4%	00:00.21	00:00:15.55	
Race 4: W-1-4 Heat 2 @ 09:21 AM							
1st	2	O'Connell (C. Bailey)	05:57.70				
2nd	3	W. Springfield (K. Rupinen)	06:05.30	2.1%	00:07.60	00:00:07.60	
3rd	4	Fairfax (K. Wells)	06:15.87	5.1%	00:10.57	00:00:18.17	
4th	1	Woodbridge (B. Conteh)	07:22.28	23.6%	01:06.41	00:01:24.58	
5th	5	Hylton (C. Diaz)	07:32.15	26.4%	00:09.87	00:01:34.45	
Race 5: W-2x Heat 1 @ 09:28 AM							
1st	3	Albermarle 1st (E. Wuensch)	06:09.10				
2nd	6	Mathews (M. Moran)	06:27.63	5.0%	00:18.53	00:00:18.53	
3rd	1	W. Albermarle LTW (S. Brewster)	06:34.91	7.0%	00:07.28	00:00:25.81	
4th	2	TC Williams B (M. Osborne)	06:39.97	8.4%	00:05.06	00:00:30.87	
5th	5	Ireton (K. Rowland)	06:41.13	8.7%	00:01.16	00:00:32.03	
6th	4	Hylton (C. Lee)	06:49.28	10.9%	00:08.15	00:00:40.18	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 6: W-2x Heat 2 @ 09:35 AM							
1st	4	W. Albermarle 1st (P. Petersen)	06:15.80				
2nd	1	Wakefield (R. Nance)	06:27.92	3.2%	00:12.12	00:00:12.12	
3rd	2	Albemarle LTW (O. Hall)	06:33.03	4.6%	00:05.11	00:00:17.23	
4th	3	TC Williams A (L. Greiner)	06:37.03	5.6%	00:04.00	00:00:21.23	
5th	5	Potomac (N. Pumpurs)	07:00.83	12.0%	00:23.80	00:00:45.03	
Race 7: W-JR/LT-4 Heat 1 @ 09:42 AM							
1st	3	Oakton JR (S. Couch)	06:07.60				
2nd	1	Langley LTW (M. Givens)	06:17.08	2.6%	00:09.48	00:00:09.48	
3rd	2	O'Connell (L. Ivy)	06:20.07	3.4%	00:02.99	00:00:12.47	
4th	4	Ireton (K. Rowland)	06:29.76	6.0%	00:09.69	00:00:22.16	
Exhib	5	Briar Woods (M. O'Callaghan)	07:22.86		00:53.10	00:01:15.26	
Race 8: W-JR/LT-4 Heat 2 @ 09:49 AM							
1st	2	Westfield (K. Hemsworth)	06:15.10				
2nd	1	Oakton LTW (E. Machi)	06:16.41	0.3%	00:01.31	00:00:01.31	
3rd	3	Langley JR (C. Edgington)	06:32.85	4.7%	00:16.44	00:00:17.75	
4th	4	W. Springfield (K. Bruening)	06:41.72	7.1%	00:08.87	00:00:26.62	
5th	5	Robinson (G. Whited)	07:44.14	23.7%	01:02.42	00:01:29.04	
Race 9: W-2/3-4 Heat 1 @ 09:56 AM							
1st	2	O'Connell (O. Oudkirk)	06:10.90				
2nd	3	W. Springfield (E. Cashman)	06:23.60	3.4%	00:12.70	00:00:12.70	
3rd	5	Broad Run (R. Chaudhari)	06:37.00	7.0%	00:13.40	00:00:26.10	
4th	4	Hylton (D. Mitchell Hicks)	08:07.52	31.4%	01:30.52	00:01:56.62	
Race 10: W-2/3-4 Heat 2 @ 10:03 AM							
1st	2	St. Johns (R. Inglima)	06:10.70				
2nd	4	Fairfax (D. Bridwell)	06:22.02	3.1%	00:11.32	00:00:11.32	
3rd	3	Langley (T. Snyder)	06:29.25	5.0%	00:07.23	00:00:18.55	
4th	5	John Paul (M. Michael)	06:52.12	11.2%	00:22.87	00:00:41.42	
Race 11: M-N-4 Heat 1 @ 10:10 AM							
1st	2	Fairfax (B. Kirkwood)	06:01.10				
2nd	3	Wakefield (C. Mashkuri)	06:11.23	2.8%	00:10.13	00:00:10.13	
3rd	5	Ireton (M. Burdick)	06:37.76	10.2%	00:26.53	00:00:36.66	
4th	1	Briar Woods (A. Eda)	06:37.95	10.2%	00:00.19	00:00:36.85	
5th	4	John Paul (F. Mokrzycki)	08:15.65	37.3%	01:37.70	00:02:14.55	
Race 12: M-N-4 Heat 2 @ 10:17 AM							
1st	4	Langley (B. Johnson)	06:02.14			00:00:06.44	
2nd	2	Mathews (C. Wheeler)	06:02.32	0.0%	00:00.18	00:00:06.62	
3rd	3	Madison (J. Allen)	06:59.93	16.0%	00:57.61	00:01:04.23	
Exhib	5	St. Johns (R. Rosia)	05:55.70				

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 13: M-N-4 Heat 3 @ 10:24 AM							
1st	5	O'Connell (L. Snyder)	05:58.20				
2nd	4	Forest Park (E. May Jr.)	06:15.71	4.9%	00:17.51	00:00:17.51	
3rd	2	Hylton (D. Davis)	06:27.91	8.3%	00:12.20	00:00:29.71	
4th	3	LCHS (C. Suttie)	06:54.47	15.7%	00:26.56	00:00:56.27	
Race 14: W-N-4 Heat 1 @ 10:31 AM							
1st	1	Wakefield (A. Rissmeyer)	06:32.00				
2nd	2	Fairfax (A. Romero)	06:38.07	1.5%	00:06.07	00:00:06.07	
3rd	6	Briar Woods (S. McKnight)	06:46.60	3.7%	00:08.53	00:00:14.60	
4th	5	Stuart (L. Haren)	06:56.06	6.1%	00:09.46	00:00:24.06	
5th	4	Langley (C. Hanlon)	07:24.65	13.4%	00:28.59	00:00:52.65	
6th	3	Jefferson (H. Ning)	07:47.86	19.4%	00:23.21	00:01:15.86	
Race 15: W-N-4 Heat 2 @ 10:38 AM							
1st	3	Forest Park (A. Manne)	06:34.10				
2nd	2	S. County (M. Maunakea)	06:44.84	2.7%	00:10.74	00:00:10.74	
3rd	6	St. Johns (E. Rhodes)	06:48.63	3.7%	00:03.79	00:00:14.53	
4th	5	Madison (M. Sachs)	07:00.63	6.7%	00:12.00	00:00:26.53	
5th	4	Ireton (A. Malone)	07:07.81	8.6%	00:07.18	00:00:33.71	
6th	1	Broad Run (O. Kearney)	08:42.49	32.6%	01:34.68	00:02:08.39	
Race 16: M-JR-4x Final @ 10:45 AM							
1st	5	Albemarle (C. Butler)	05:15.00				
2nd	3	Hylton (N. Greene)	05:45.66	9.7%	00:30.66	00:00:30.66	
3rd	4	W. Albermarle (S. Burguener)	05:48.26	10.6%	00:02.60	00:00:33.26	
4th	2	Gar-Field (O. Trejos)	05:51.10	11.5%	00:02.84	00:00:36.10	
Race 17: M-1x Final @ 10:52 AM							
1st	3	Mathews (J. Raha)	05:55.40				
2nd	4	Stuart (S. Mullane)	06:16.65	6.0%	00:21.25	00:00:21.25	
3rd	5	Albemarle A (E. Williams)	06:29.45	9.6%	00:12.80	00:00:34.05	
4th	2	Albemarle B (W. Monroe)	06:45.15	14.0%	00:15.70	00:00:49.75	
Race 18: W-1/JR-1x Final @ 10:59 AM							
1st	3	Rockbridge (S. Stoneburner)	06:50.90				
2nd	4	John Paul (M. Burns)	07:02.36	2.8%	00:11.46	00:00:11.46	
3rd	6	NCS (A. Steinberg)	07:08.90	4.4%	00:06.54	00:00:18.00	
4th	2	Stuart (B. Carmody)	07:11.91	5.1%	00:03.01	00:00:21.01	
5th	1	W. Albermarle JR B (M. Grinnell)	07:35.16	10.8%	00:23.25	00:00:44.26	
6th	5	W. Albermarle JR A (E. Stokes)	08:11.86	19.7%	00:36.70	00:01:20.96	
Race 19: M-2x Final @ 11:06 AM							
1st	5	Mathews (F. Rich)	05:18.20				
2nd	3	Potomac (G. Fore)	06:18.20	18.9%	01:00.00	00:01:00.00	
3rd	4	Stuart (T. Fitzgerald)	06:55.61	30.6%	00:37.41	00:01:37.41	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 20: M-JR/LT-2x Final @ 11:13 AM							
1st	4	W. Albermarle (V. Burguener)	05:42.80				
2nd	5	Hylton (J. Rush)	06:01.71	5.5%	00:18.91	00:00:18.91	
3rd	3	Albemarle (A. Edwards)	06:34.97	15.2%	00:33.26	00:00:52.17	
Race 21: W-JR-2x Final @ 11:20 AM							
1st	3	Forest Park (Y. Nam)	06:12.90				
2nd	2	Hylton (I. Sankoh)	06:15.10	0.6%	00:02.20	00:00:02.20	
3rd	5	W. Albermarle (S. Stevens)	06:37.50	6.6%	00:22.40	00:00:24.60	
4th	4	Albemarle (M. Rowe)	07:28.20	20.2%	00:50.70	00:01:15.30	
Race 22: M-1-4x Final @ 11:27 AM							
1st	3	W. Albermarle (C. DeVito)	05:11.70				
2nd	2	Forest Park (S. Sherwood)	05:23.97	3.9%	00:12.27	00:00:12.27	
3rd	1	Stuart (W. Gates)	05:29.87	5.8%	00:05.90	00:00:18.17	
4th	4	Potomac (J. Keeton)	06:50.03	31.5%	01:20.16	00:01:38.33	
5th	5	Gar-Field (J. Taetsch)	06:59.47	34.6%	00:09.44	00:01:47.77	
Race 23: W-1-4x Final @ 11:34 AM							
1st	2	W. Albermarle (K. Martin)	05:36.10				
2nd	5	Colgan (L. Nicolai)	05:37.69	0.5%	00:01.59	00:00:01.59	
3rd	6	Stuart (P. McGuigan)	05:43.13	2.1%	00:05.44	00:00:07.03	
4th	4	Forest Park (M. Baldwin)	06:48.21	21.5%	01:05.08	00:01:12.11	
5th	3	Gar-Field (C. Gutshall)	07:00.67	25.2%	00:12.46	00:01:24.57	
Race 24: W-LT-4x Final @ 11:41 AM							
1st	3	W. Albermarle (E. Massarelli)	05:49.50				
2nd	4	Hylton (R. Palazzo)	06:19.00	8.4%	00:29.50	00:00:29.50	
Race 25: W-2/JR/FR-4x Final @ 11:48 AM							
1st	4	Albemarle (R. Hasson)	05:46.50				
2nd	5	W. Albermarle FR (E. Ward)	05:54.70	2.4%	00:08.20	00:00:08.20	
3rd	2	W. Albermarle JR (M. Henderson)	05:59.47	3.7%	00:04.77	00:00:12.97	
4th	3	Stuart (N. Aldaghtlas)	06:29.90	12.5%	00:30.43	00:00:43.40	
Race 26: M-2-4 Final @ 11:55 AM							
1st	3	St. Johns (D. Fricke)	05:20.60				
2nd	1	O'Connell (S. Madden)	05:22.41	0.6%	00:01.81	00:00:01.81	
3rd	4	L. Braddock (K. Moore)	05:49.29	8.9%	00:26.88	00:00:28.69	
4th	2	Forest Park (F. Ortiz)	05:51.07	9.5%	00:01.78	00:00:30.47	
Exhib	5	Broad Run (M. Dumm)	06:33.46		00:42.39	00:01:12.86	
Race 27: M-3-4 Final @ 12:02 PM							
1st	3	St. Johns (R. Sarkarzadeh)	05:49.20				
2nd	4	John Paul (P. Brisbin)	06:04.26	4.3%	00:15.06	00:00:15.06	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 28: M-LT-4 Final @ 12:09 PM							
1st	2	Stuart (M. Ferrell)	05:21.40				
2nd	6	Briar Woods (M. Leon)	05:25.24	1.2%	00:03.84	00:00:03.84	
3rd	4	Forest Park (R. Koos)	05:25.93	1.4%	00:00.69	00:00:04.53	
4th	5	Langley (J. Bennett)	05:32.80	3.5%	00:06.87	00:00:11.40	
5th	3	Oakton (S. Brooks)	05:49.27	8.7%	00:16.47	00:00:27.87	
Race 29: W-2x Final @ 12:16 PM							
1st	3	Albemarle 1st (E. Wuensch)	05:54.90				
2nd	4	W. Albermarle 1st (P. Petersen)	06:09.53	4.1%	00:14.63	00:00:14.63	
3rd	2	Wakefield (R. Nance)	06:20.86	7.3%	00:11.33	00:00:25.96	
4th	6	Albemarle LTW (O. Hall)	06:23.72	8.1%	00:02.86	00:00:28.82	
5th	1	W. Albermarle LTW (S. Brewster)	06:26.09	8.8%	00:02.37	00:00:31.19	
6th	5	Mathews (M. Moran)	06:28.33	9.4%	00:02.24	00:00:33.43	
Race 30: W-2/3-4 Final @ 12:23 PM							
1st	3	O'Connell (O. Oudkirk)	05:59.20				
2nd	5	W. Springfield (E. Cashman)	06:08.41	2.6%	00:09.21	00:00:09.21	
3rd	1	Broad Run (R. Chaudhari)	06:21.60	6.2%	00:13.19	00:00:22.40	
4th	2	Fairfax (D. Bridwell)	06:25.85	7.4%	00:04.25	00:00:26.65	
5th	4	St. Johns (R. Inglima)	06:33.84	9.6%	00:07.99	00:00:34.64	
6th	6	Langley (T. Snyder)	06:36.77	10.5%	00:02.93	00:00:37.57	
Race 31: M-JR-4 Final @ 12:30 PM							
1st	4	Broad Run (M. Galleher)	05:25.30				
2nd	6	St. Albans (W. Carnahan)	05:28.66	1.0%	00:03.36	00:00:03.36	
3rd	1	Woodson (B. Tse)	05:48.62	7.2%	00:19.96	00:00:23.32	
4th	2	Fairfax (N. Olson)	05:48.79	7.2%	00:00.17	00:00:23.49	
5th	3	Madison (K. Ghaussy)	06:22.96	17.7%	00:34.17	00:00:57.66	
6th	5	Langley (B. Colberg)	06:29.87	19.8%	00:06.91	00:01:04.57	
Race 32: W-JR/LT-4 Final @ 12:37 PM							
1st	3	Oakton JR (S. Couch)	05:22.00				
2nd	5	Langley LTW (M. Givens)	05:34.34	3.8%	00:12.34	00:00:12.34	
3rd	4	Westfield (K. Hemsworth)	05:34.52	3.9%	00:00.18	00:00:12.52	
4th	1	O'Connell (L. Ivy)	05:36.48	4.5%	00:01.96	00:00:14.48	
5th	2	Oakton LTW (E. Machi)	05:41.18	6.0%	00:04.70	00:00:19.18	
6th	6	Langley JR (C. Edgington)	05:47.42	7.9%	00:06.24	00:00:25.42	
Race 33: M-1-8 Heat 1 @ 01:24 PM							
1st	3	St. Albans (J. Duffy)	04:30.10				
2nd	2	Wakefield (N. Belvin)	04:36.91	2.5%	00:06.81	00:00:06.81	
3rd	4	Wilson (E. Klein)	04:37.10	2.6%	00:00.19	00:00:07.00	
4th	1	Robinson (C. Lane)	05:03.07	12.2%	00:25.97	00:00:32.97	
5th	5	Westfield (E. WILLARD)	05:20.42	18.6%	00:17.35	00:00:50.32	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 34: M-1-8 Heat 2 @ 01:31 PM							
1st	3	Woodbridge (D. Conrad)	04:37.30				
2nd	5	S. County (C. Gladieux)	04:40.29	1.1%	00:02.99	00:00:02.99	
3rd	4	Madison (D. Brune)	04:42.03	1.7%	00:01.74	00:00:04.73	
4th	2	Woodson (N. Shawley)	04:45.57	3.0%	00:03.54	00:00:08.27	
5th	1	O'Connell (M. PARTRIDGE)	04:54.38	6.2%	00:08.81	00:00:17.08	
6th	6	Briar Woods (C. Winter)	05:30.84	19.3%	00:36.46	00:00:53.54	
Race 35: M-1-8 Heat 3 @ 01:38 PM							
1st	4	Jefferson (K. Ganeshan)	04:42.90				
2nd	3	Oakton (T. Wilson)	04:46.56	1.3%	00:03.66	00:00:03.66	
3rd	5	Langley (S. Scott)	04:50.13	2.6%	00:03.57	00:00:07.23	
4th	2	W. Springfield (B. Killian)	04:57.42	5.1%	00:07.29	00:00:14.52	
5th	6	Ireton (S. Gibbons)	05:19.91	13.1%	00:22.49	00:00:37.01	
6th	1	G'town Day (W. Finkelstein)	06:00.02	27.3%	00:40.11	00:01:17.12	
Race 36: W-1/LT-8 Heat 1 @ 01:45 PM							
1st	3	NCS (C. Ryder)	05:03.08				
2nd	4	L. Braddock 1st (M. Morris)	05:17.39	4.7%	00:14.31	00:00:14.31	
3rd	6	Woodson (J. Hissong)	05:19.80	5.5%	00:02.41	00:00:16.72	
4th	2	Robinson (K. Shortridge)	05:20.90	5.9%	00:01.10	00:00:17.82	
5th	5	Westfield (M. McPherson)	06:06.03	20.8%	00:45.13	00:01:02.95	
6th	1	G'town Day (T. Rodriguez)	06:19.06	25.1%	00:13.03	00:01:15.98	
Race 37: W-1/LT-8 Heat 2 @ 01:52 PM							
1st	3	Wilson (S. Weich)	05:09.40				
2nd	5	Jefferson (J. Damron)	05:17.61	2.7%	00:08.21	00:00:08.21	
3rd	2	Woodbridge (T. Barahona)	05:18.90	3.1%	00:01.29	00:00:09.50	
4th	4	Madison (L. Jiron)	05:23.58	4.6%	00:04.68	00:00:14.18	
5th	1	L. Braddock LTW (C. Renier)	05:41.61	10.4%	00:18.03	00:00:32.21	
6th	6	Briar Woods (M. Sunderraj)	06:00.25	16.4%	00:18.64	00:00:50.85	
Race 38: M-N-4 Final @ 01:59 PM							
1st	5	O'Connell (L. Snyder)	05:36.50				
2nd	3	Fairfax (B. Kirkwood)	05:52.69	4.8%	00:16.19	00:00:16.19	
3rd	2	Wakefield (C. Mashkuri)	05:54.18	5.3%	00:01.49	00:00:17.68	
4th	1	Mathews (C. Wheeler)	05:58.62	6.6%	00:04.44	00:00:22.12	
5th	4	Langley (B. Johnson)	05:59.35	6.8%	00:00.73	00:00:22.85	
6th	6	Forest Park (E. May Jr.)	06:09.72	9.9%	00:10.37	00:00:33.22	
Race 39: W-N-4 Final @ 02:06 PM							
1st	4	Forest Park (A. Manne)	06:18.70				
2nd	3	Wakefield (A. Rissmeyer)	06:23.23	1.2%	00:04.53	00:00:04.53	
3rd	5	Fairfax (A. Romero)	06:32.60	3.7%	00:09.37	00:00:13.90	
4th	6	St. Johns (E. Rhodes)	06:34.80	4.3%	00:02.20	00:00:16.10	
5th	1	Briar Woods (S. McKnight)	06:47.07	7.5%	00:12.27	00:00:28.37	
6th	2	S. County (M. Maunakea)	06:48.96	8.0%	00:01.89	00:00:30.26	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 40: M-1-4 Final @ 02:13 PM							
1st	4	O'Connell (A. Berry)	05:13.20				
2nd	5	Forest Park (R. Romano)	05:21.04	2.5%	00:07.84	00:00:07.84	
3rd	2	L. Braddock (C. Cochran)	05:25.42	3.9%	00:04.38	00:00:12.22	
4th	3	St. Johns (P. WINES)	05:29.68	5.3%	00:04.26	00:00:16.48	
5th	6	Fairfax (S. Morrow)	05:38.96	8.2%	00:09.28	00:00:25.76	
6th	1	W. Springfield (P. kalata)	06:27.37	23.7%	00:48.41	00:01:14.17	
Race 41: W-1-4 Final @ 02:20 PM							
1st	3	Langley (T. Kuligowski)	05:46.88				
2nd	4	O'Connell (C. Bailey)	05:51.91	1.5%	00:05.03	00:00:05.03	
3rd	5	Wakefield (A. Kotliarov)	05:53.24	1.8%	00:01.33	00:00:06.36	
4th	2	W. Springfield (K. Rupinen)	05:58.73	3.4%	00:05.49	00:00:11.85	
5th	6	Fairfax (K. Wells)	06:04.65	5.1%	00:05.92	00:00:17.77	
6th	1	Briar Woods (A. Vel)	06:09.08	6.4%	00:04.43	00:00:22.20	
Race 42: M-2-8 Heat 1 @ 02:27 PM							
1st	3	St. Albans (W. Nash)	04:41.70				
2nd	4	Jefferson (J. Mangrio)	04:58.01	5.8%	00:16.31	00:00:16.31	
3rd	1	Wilson (O. McKearn)	04:59.35	6.3%	00:01.34	00:00:17.65	
4th	2	Woodson (R. Torgersen)	05:00.22	6.6%	00:00.87	00:00:18.52	
5th	5	Wakefield (B. Rafky)	06:25.02	36.7%	01:24.80	00:01:43.32	
Race 43: M-2-8 Heat 2 @ 02:34 PM							
1st	3	Woodbridge (N. Wood)	04:52.60				
2nd	1	Langley (P. Kristensen)	05:00.33	2.6%	00:07.73	00:00:07.73	
3rd	6	S. County (L. Torres)	05:02.34	3.3%	00:02.01	00:00:09.74	
4th	5	Madison (W. Gallagher)	05:02.96	3.5%	00:00.62	00:00:10.36	
5th	4	Oakton (A. Schwall)	05:03.74	3.8%	00:00.78	00:00:11.14	
6th	2	Robinson (C. Hood)	05:23.80	10.7%	00:20.06	00:00:31.20	
Race 44: W-JR-8 Heat 1 @ 02:41 PM							
1st	5	NCS (J. Buzacott)	05:35.30				
2nd	4	S. County (A. LaChanse)	05:39.63	1.3%	00:04.33	00:00:04.33	
3rd	3	Oakton (G. Kim)	05:50.51	4.5%	00:10.88	00:00:15.21	
Race 45: W-JR-8 Heat 2 @ 02:48 PM							
1st	4	Woodson (C. Moore)	05:57.50				
2nd	3	Madison (M. Harvey)	05:57.76	0.1%	00:00.26	00:00:00.26	
3rd	2	W. Springfield (A. Fleming)	06:18.12	5.8%	00:20.36	00:00:20.62	
4th	5	LCHS (K. Ray)	07:11.64	20.7%	00:53.52	00:01:14.14	
Race 46: M-3/4-8 Heat 1 @ 02:55 PM							
1st	3	Woodbridge 3rd (M. Jesswein)	05:22.60				
2nd	4	Jefferson 4th (P. Damle)	05:35.72	4.1%	00:13.12	00:00:13.12	
3rd	2	Oakton (R. Nair)	05:50.92	8.8%	00:15.20	00:00:28.32	
	5	Colgan (P. Erickson)	Scratch				

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 47: M-3/4-8 Heat 2 @ 03:02 PM							
1st	2	Jefferson 3rd (A. Wang)	05:59.10				
2nd	4	Robinson (T. Lennon)	06:02.35	0.9%	00:03.25	00:00:03.25	
3rd	3	S. County (R. Jyothi)	06:09.26	2.8%	00:06.91	00:00:10.16	
4th	5	Woodbridge 4th (M. Matsuda)	06:25.49	7.3%	00:16.23	00:00:26.39	
Race 48: W-FR-8 Heat 1 @ 03:09 PM							
1st	6	O'Connell (A. Garner)	05:51.00				
2nd	5	L. Braddock (R. Morris)	05:56.27	1.5%	00:05.27	00:00:05.27	
3rd	2	Madison (H. Johnson)	05:58.57	2.2%	00:02.30	00:00:07.57	
4th	1	Jefferson (J. Feldhaus)	06:00.60	2.7%	00:02.03	00:00:09.60	
5th	3	Woodbridge (A. Zabel)	06:08.85	5.1%	00:08.25	00:00:17.85	
6th	4	Langley (H. Yang)	06:21.60	8.7%	00:12.75	00:00:30.60	
Race 49: W-FR-8 Heat 2 @ 03:16 PM							
1st	3	Wilson (M. Conway)	05:57.00				
2nd	5	Woodson (K. Hester)	06:04.92	2.2%	00:07.92	00:00:07.92	
3rd	1	W. Springfield (E. Thompson)	06:06.52	2.7%	00:01.60	00:00:09.52	
4th	2	Oakton (S. Lesser)	06:14.35	4.9%	00:07.83	00:00:17.35	
5th	4	Briar Woods (R. Malhotra)	07:00.22	17.7%	00:45.87	00:01:03.22	
	6	Colgan (A. Mason)	Scratch				
Race 50: M-N-8 Heat 1 @ 03:23 PM							
1st	2	L. Braddock (A. Miranda)	05:28.20				
2nd	1	Woodson (L. Hartman)	05:29.03	0.3%	00:00.83	00:00:00.83	
3rd	3	Colgan (G. Hornauer)	05:52.52	7.4%	00:23.49	00:00:24.32	
4th	6	Briar Woods (B. Elmore)	06:14.85	14.2%	00:22.33	00:00:46.65	
5th	5	Stuart (D. Latham)	06:21.47	16.2%	00:06.62	00:00:53.27	
Exhib	4	Fairfax (B. Kirkwood)	06:29.96		00:08.49	00:01:01.76	
Race 51: M-N-8 Heat 2 @ 03:30 PM							
1st	6	St. Albans (G. Grigorian)	05:18.80				
2nd	4	Robinson (J. Bellomo)	05:21.77	0.9%	00:02.97	00:00:02.97	
3rd	5	Oakton A (R. Forman)	05:24.21	1.7%	00:02.44	00:00:05.41	
4th	3	Wilson (G. Beronio)	05:25.00	1.9%	00:00.79	00:00:06.20	
5th	2	Wakefield (E. Thomas)	05:37.60	5.9%	00:12.60	00:00:18.80	
6th	1	Westfield (J. Fisher)	05:47.51	9.0%	00:09.91	00:00:28.71	
Race 52: M-N-8 Heat 3 @ 03:37 PM							
1st	3	Oakton B (O. Cassidy)	05:56.70				
2nd	2	Ireton (J. Sisel)	06:09.40	3.6%	00:12.70	00:00:12.70	
3rd	1	Langley (M. ZHENG)	06:14.08	4.9%	00:04.68	00:00:17.38	
4th	5	Broad Run (M. Chun)	06:30.82	9.6%	00:16.74	00:00:34.12	
	4	Jefferson (T. Cuddy)	Scratch				

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 53: W-N-8 Heat 1 @ 03:44 PM							
1st	2	Westfield (M. Tate)	06:03.70				
2nd	3	Ireton (A. Malone)	06:21.74	5.0%	00:18.04	00:00:18.04	
3rd	4	Colgan (J. Sealy)	06:28.05	6.7%	00:06.31	00:00:24.35	
4th	6	Briar Woods (C. Dailey)	06:32.14	7.8%	00:04.09	00:00:28.44	
5th	5	L. Braddock B (Z. Alami)	06:48.55	12.3%	00:16.41	00:00:44.85	
Race 54: W-N-8 Heat 2 @ 03:51 PM							
1st	2	John Paul (K. Michael)	06:21.03				
2nd	4	Robinson (M. Lee)	06:28.20	1.9%	00:07.17	00:00:07.17	
3rd	3	L. Braddock A (J. Arnold)	06:35.34	3.8%	00:07.14	00:00:14.31	
4th	5	Oakton (S. Pohlman)	07:09.78	12.8%	00:34.44	00:00:48.75	
Race 55: W-2-8 Final @ 03:58 PM							
1st	6	NCS (M. Chung)	05:30.00				
2nd	4	Wilson (E. Saenz)	05:41.82	3.6%	00:11.82	00:00:11.82	
3rd	1	Jefferson (S. Choi)	05:46.68	5.1%	00:04.86	00:00:16.68	
4th	3	Robinson (J. St. Claire)	05:49.44	5.9%	00:02.76	00:00:19.44	
5th	5	L. Braddock (L. Ward)	05:53.00	7.0%	00:03.56	00:00:23.00	
6th	2	Woodbridge (M. McNulty)	06:20.29	15.2%	00:27.29	00:00:50.29	
Race 56: M-JR-8 Final @ 04:05 PM							
1st	3	Forest Park (M. Chaudhry)	05:04.10				
2nd	4	Jefferson (B. Kim)	05:07.52	1.1%	00:03.42	00:00:03.42	
3rd	5	L. Braddock (J. Fox)	05:22.06	5.9%	00:14.54	00:00:17.96	
4th	1	W. Springfield (A. Stonelake)	05:29.85	8.5%	00:07.79	00:00:25.75	
5th	2	LCHS (A. Patel)	06:25.72	26.8%	00:55.87	00:01:21.62	
Race 57: W-3/4-8 Final @ 04:12 PM							
1st	4	NCS (P. Self)	05:52.90				
2nd	2	Colgan 3rd (M. Lawson)	06:00.68	2.2%	00:07.78	00:00:07.78	
3rd	3	Wilson (C. Durr)	06:02.00	2.6%	00:01.32	00:00:09.10	
4th	5	Jefferson (K. Buddhiraju)	06:11.42	5.2%	00:09.42	00:00:18.52	
Race 58: M-FR-8 Final @ 04:19 PM							
1st	5	St. Albans (H. Irwin)	05:15.00				
2nd	4	W. Springfield (L. Price)	05:15.90	0.3%	00:00.90	00:00:00.90	
3rd	2	Madison (G. Jiron)	05:23.58	2.7%	00:07.68	00:00:08.58	
4th	3	Woodbridge (T. Tafe)	05:31.85	5.3%	00:08.27	00:00:16.85	
Race 59: M-1-8 Final @ 04:26 PM							
1st	3	Woodbridge (D. Conrad)	04:43.50				
2nd	4	St. Albans (J. Duffy)	04:44.19	0.2%	00:00.69	00:00:00.69	
3rd	1	Oakton (T. Wilson)	04:54.72	4.0%	00:10.53	00:00:11.22	
4th	5	Jefferson (K. Ganeshan)	04:59.68	5.7%	00:04.96	00:00:16.18	
5th	6	S. County (C. Gladioux)	05:02.29	6.6%	00:02.61	00:00:18.79	
6th	2	Wakefield (N. Belvin)	05:02.63	6.7%	00:00.34	00:00:19.13	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 60: W-1/LT-8 Final @ 04:33 PM							
1st	3	NCS (C. Ryder)	05:21.50				
2nd	4	Wilson (S. Weich)	05:28.73	2.2%	00:07.23	00:00:07.23	
3rd	5	L. Braddock 1st (M. Morris)	05:40.44	5.9%	00:11.71	00:00:18.94	
4th	1	Woodson (J. Hissong)	05:40.72	6.0%	00:00.28	00:00:19.22	
5th	2	Jefferson (J. Damron)	05:42.20	6.4%	00:01.48	00:00:20.70	
6th	6	Woodbridge (T. Barahona)	05:43.64	6.9%	00:01.44	00:00:22.14	
Race 61: M-2-8 Final @ 04:40 PM							
1st	3	St. Albans (W. Nash)	04:49.00				
2nd	4	Woodbridge (N. Wood)	04:57.06	2.8%	00:08.06	00:00:08.06	
3rd	2	Langley (P. Kristensen)	05:07.66	6.5%	00:10.60	00:00:18.66	
4th	1	Wilson (O. McKearn)	05:09.11	7.0%	00:01.45	00:00:20.11	
5th	6	S. County (L. Torres)	05:14.95	9.0%	00:05.84	00:00:25.95	
6th	5	Jefferson (J. Mangrio)	05:18.23	10.1%	00:03.28	00:00:29.23	
Race 62: W-JR-8 Final @ 04:47 PM							
1st	3	NCS (J. Buzacott)	05:45.80				
2nd	4	Woodson (C. Moore)	05:48.27	0.7%	00:02.47	00:00:02.47	
3rd	5	S. County (A. LaChanse)	05:49.50	1.1%	00:01.23	00:00:03.70	
4th	2	Madison (M. Harvey)	05:52.11	1.8%	00:02.61	00:00:06.31	
5th	6	W. Springfield (A. Fleming)	06:25.63	11.5%	00:33.52	00:00:39.83	
Race 63: M-3/4-8 Final @ 04:54 PM							
1st	3	Woodbridge 3rd (M. Jesswein)	05:07.20				
2nd	4	Jefferson 3rd (A. Wang)	05:15.85	2.8%	00:08.65	00:00:08.65	
3rd	5	Jefferson 4th (P. Damle)	05:22.15	4.9%	00:06.30	00:00:14.95	
4th	6	S. County (R. Jyothi)	05:24.26	5.6%	00:02.11	00:00:17.06	
5th	2	Robinson (T. Lennon)	05:26.27	6.2%	00:02.01	00:00:19.07	
Race 64: W-FR-8 Final @ 05:01 PM							
1st	4	Wilson (M. Conway)	05:49.70				
2nd	6	W. Springfield (E. Thompson)	05:59.67	2.9%	00:09.97	00:00:09.97	
3rd	2	Woodson (K. Hester)	05:59.81	2.9%	00:00.14	00:00:10.11	
4th	5	L. Braddock (R. Morris)	06:00.48	3.1%	00:00.67	00:00:10.78	
5th	1	Madison (H. Johnson)	06:00.92	3.2%	00:00.44	00:00:11.22	
6th	3	O'Connell (A. Garner)	06:03.30	3.9%	00:02.38	00:00:13.60	
Race 65: M-N-8 Final @ 05:08 PM							
1st	4	L. Braddock (A. Miranda)	05:20.20				
2nd	6	Robinson (J. Bellomo)	05:20.91	0.2%	00:00.71	00:00:00.71	
3rd	3	St. Albans (G. Grigorian)	05:22.93	0.9%	00:02.02	00:00:02.73	
4th	2	Woodson (L. Hartman)	05:34.77	4.6%	00:11.84	00:00:14.57	
5th	5	Oakton B (O. Cassidy)	05:58.62	12.0%	00:23.85	00:00:38.42	
6th	1	Ireton (J. Sisel)	06:43.21	25.9%	00:44.59	00:01:23.01	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 66: W-N-8 Final @ 05:15 PM							
1st	3	Westfield (M. Tate)	06:08.60				
2nd	4	John Paul (K. Michael)	06:23.40	4.0%	00:14.80	00:00:14.80	
3rd	6	L. Braddock A (J. Arnold)	06:26.72	4.9%	00:03.32	00:00:18.12	
4th	2	Robinson (M. Lee)	06:27.25	5.1%	00:00.53	00:00:18.65	
5th	1	Colgan (J. Sealy)	06:40.27	8.6%	00:13.02	00:00:31.67	
6th	5	Ireton (A. Malone)	06:41.56	8.9%	00:01.29	00:00:32.96	