

Virginia Scholastic Rowing Association  
Meeting Minutes  
February 6, 2018, 7:30 PM

I. President. (Dorothy Lazor)

1. **Withdrawal of St. Albans and National Cathedral School.** The Combined Cathedral Crews Rowing Association has withdrawn from VASRA and has moved to the WMIRA (Washington Metropolitan Interscholastic Rowing Association).
2. **First Day on the Water.** Monday, 19 February, 2018 is the first day of the Spring Season.
3. **Lightweight Certification.** The window is a four week period beginning one week prior to the first day of VHSL allowed spring practice day and three weeks after the VHSL imposed official first day of practice. That is between 12 February and 12 March for 2018. For rowers coming out for the team late, for whatever reason, s/he must be tested within ten days of starting practice and/or conditioning, or before s/he is allowed to compete in a competition. **The maximum weight for a lightweight male at VSRC is 150 lbs. and for a female is 130 lbs.** For complete details refer to the Weight Control Program information in the Resources section, [http://www.vasra.org/Weight\\_Control\\_Program.html](http://www.vasra.org/Weight_Control_Program.html). It is your coaches' responsibility to ensure that an appointment is made with a certified athletic trainer to conduct the baseline measurements within the window. Make the appointment early. VASRA does not make exceptions to the deadline. The SRAA Lightweight Certification is Due No Later than April 1<sup>st</sup> 2018: <https://www.sraa.net/certification-form.html>
4. **Rowing Schedule.** The Crew Council has approved the schedule.
5. **Verification of Schedule and Rowers Numbers.** Verification was requested on both. VASRA is proceeding with the allocation of regatta support and attendance based on the numbers you have currently on the schedule. If your rower numbers vary by 10 or more you need to notify the VASRA Secretary and Personnel Coordinator. We have received two notifications of changes to the rower numbers in the last week. If you have significant variations in numbers notify us as soon as possible.
6. **Proposed Rules Changes.** After discussion with the Coaches Association 4 Rules Changes were forward to the Crew Council for ratification. The changes will be reflected in the Rules of Rowing once we have received the confirmation of the Crew Council.
7. **Regatta Staff – LOC Positions** (Local Organizing Committee-the Permanent Positions). The names for the individuals for these positions were due 16 January.
8. **Regatta Parking.** We had been exploring off site parking at the venue. It has been determined by the Park Authority that there will be no change for the 2018 season, pending a review of the financial impact of this decision on the MOU with NOVA Parks. This has led us to a reexamination of the parking and internal bus and van use component of our budget: with the result that the onsite parking fees will be raised to \$20 per vehicle and fees for the van to the grandstand will be raised by \$1.
9. **Spring Work Days.** Preparation of the course is everyone's responsibility; if you row on the Occoquan then you should be there helping. There are four workdays prior to the start of the season each team on the Occoquan is required to provide at least one person per work day. Attached proposed schedule of work for the Course Installation and Take Down.
10. **Mandatory Coaches Safety Meeting for Fairfax Coaches.** This was held last Saturday, there will be a make up meeting TBA.
11. **Committees.** Still to be filled:  
Coaches Development, two persons  
Nominations, three persons,
12. **GROWTH Team (Domestic Rowing Steering Committee).** The Team met, in Philadelphia over the weekend, with the new CEO of USRowing, Patrick McNerney, and the Chief Domestic Officer, Susan Smith, to discuss a variety of current issues and priorities on the domestic agenda. There were 10 participants: scholastic, junior and collegiate: the topics were wide ranging and will as they are formulated have impact on our community.
13. **USRowing Lightweight Task Force.** The first meeting was held on 6 February. The goal is to submit the recommendations in time for the June 2018 meeting of the BOD, for implementation in January, 2019.
14. **USRowing Renewal of Membership.** Organizational Membership is based on a calendar year. This is important because your membership incorporates your teams insurance for training activities both on and off the water. It is also your liability coverage in the event of allegations or complaints against your organization.

15. **SafeSport.** As you are aware there is a requirement to have a SafeSport policy for your organization on file with USRowing <http://www.usrowing.org/safesport/> Given the current situation in regards to this subject it would be prudent to acquaint yourselves with the subject and your/Organizational responsibilities. A free informational presentation is available on the USRowing site.
16. **Coaching Credentials and Certification.** It is the time of year when we are about to go on the water. Some of you may have new members to your coaching staff, who attended the Level I and II Clinics. It would be prudent to check with them to ensure that all of their certifications are current and if not to ensure that they become so. For Certification as a USRowing Coach you are required to have: CPR, First Aid, Boating Safety, Safe Sport Training and if newly qualified Mentor hours. If any of your coaches do not have these certifications then I suggest that you assist them in acquiring them.

II. Secretary. (Tom Snoich)

1. Attendance: Sign and update the roster. Pick up your school tent card.
2. Reading and approval of the minutes of the November and January VASRA meeting.
3. The VASRA Calendar – Key Dates – these affect your team.
4. Website. Meeting Materials: [http://www.vasra.org/Meeting\\_Info.html](http://www.vasra.org/Meeting_Info.html)
5. Contacts: make sure that there is a reliable contact, an email address that will respond to VASRA

III. Treasurer. (Stuart Burns)

1. Financial Report for October, November December and January.
2. Please check the Submissions List to ensure you have made your required payments.

IV. Vice President. (Jim Weitekamp)

1. Representatives Handbook. Update will be posted when rule changes are finalized.  
[http://www.vasra.org/Key\\_Documents.html](http://www.vasra.org/Key_Documents.html)
2. Launch Driver Training.
3. Bus and Van Bids for the season.

VASRA asked 3 companies to bid on the Shuttle VAN service for this year. The bids were close and VASRA chose to retain the services of the incumbent due to his knowledge of the venue and the on-site support of the owner.

V. Representatives.

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|----------------------------|---------------------------------------|
| 1. Crew Council            | Zeff Yusof (Georgetown Visitation AD) |
| 2. Sandy Run Regional Park | Crystal Wilson (NVRPA)                |
| 3. Coaches                 | Bryan Tylander (Head Coach Woodson)   |

Bryan Tylander noted that he would like to know when the rule changes were discussed by the Board. VASRA's position on the rule changes were shared with the Board (rule changes are not voted on by the full Board). VASRA is exploring adding a formal process to rule changes to the VASRA by-laws.

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| 4. Regatta Director Potomac | Mary Schwarz |
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VI. Coordinators.

1. Personnel Coordinator Shirley von Rinteln
  1. Volunteer Coordinators confirm name
  2. Regatta schedule coordination
  3. Job assignments
  4. Volunteer Coordinators Meeting, was held on 21 January. If your team failed to have a representative present contact Shirley.
2. Course Master (Chief River Rat) Jules Verster
  1. Spring Work Days.
  2. River Rats. Additional volunteers always welcome.
3. Concessions Coordinator Kim Turmel

VII. Committees.

1. Budget/Audit (3)  
Julie Melear (West Springfield)  
Bob Dewar (Fairfax)  
Mark Eramo (Forest Park)
2. Grievance (3)  
Paul Reinke (Langley)  
Beth Suttie (Loudoun)  
Ken Michelsen (Colgon)
3. Long Range Planning (3)  
Dorothy Lazor  
Tom Snoich  
Shirley Von Rinteln (Westfield)
4. By-Laws (3)  
Tom Snoich (VASRA Secretary))  
Sara Entsminger (Briar Woods)  
Craig Roblyer (Robinson)
5. Coaches Development (2)  
Vacant  
Vacant
6. History (1)  
John White
7. Nominations (3 April Initiation)  
Vacant  
Vacant  
Vacant

VIII. New Business.

IX. Announcements.

1. 12 February – Lightweight Programs Initiate
2. 19 February, First day on the water.
3. 24 February – LOC Meeting Sandy Run.
4. 24 February – Work Day.
5. 3 March – Work Day.
6. 6 March – BOD Meeting
7. 10 March – Work Day.
8. 17 March – Work Day.
9. 24 March- Polar Bear Regatta.
10. 25 March – Occoquan Sprints.
11. 7 April – Walter Mess Regatta.

X. Adjournment.

Next meeting is Tuesday, 6 March, 2018, Vienna Fire Station Hall.