



2017 VSRC Day 1

Official Results

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 1: W-N-4 Heat 1 @ 08:00 AM							
1st	3	Woodbridge (M. Diaz)	06:52.40				
2nd	1	Granby (R. Ropetski)	06:54.41	0.5%	00:02.01	00:00:02.01	
3rd	4	Sidwell (N. Pesner)	07:17.74	6.1%	00:23.33	00:00:25.34	
4th	2	W. Potomac (M. Barger)	07:25.24	8.0%	00:07.50	00:00:32.84	
5th	5	Rock Ridge (C. Pang)	07:27.52	8.5%	00:02.28	00:00:35.12	
6th	6	Stone Bridge (E. MacMonigle)	08:01.44	16.7%	00:33.92	00:01:09.04	
Race 2: W-N-4 Heat 2 @ 08:07 AM							
1st	2	Yorktown (K. Gulbranson)	06:47.90				
2nd	4	Fairfax (D. Bridwell)	07:10.37	5.5%	00:22.47	00:00:22.47	
3rd	5	Mt Vernon (A. Hood)	07:12.75	6.1%	00:02.38	00:00:24.85	
4th	1	LCHS (C. Stewart)	07:40.94	13.0%	00:28.19	00:00:53.04	
5th	3	Wakefield (A. Rogers)	07:45.26	14.1%	00:04.32	00:00:57.36	
6th	6	Jefferson (Q. Tran)	08:32.55	25.7%	00:47.29	00:01:44.65	
Race 3: M-N-4 Heat 1 @ 08:14 AM							
1st	3	Forest Park (J. Ferguson)	06:00.50				
2nd	1	McLean (E. Chamberlayne)	06:02.85	0.7%	00:02.35	00:00:02.35	
3rd	5	Yorktown (S. Larsen)	06:36.48	10.0%	00:33.63	00:00:35.98	
4th	4	Woodbridge (J. Holleque)	06:56.23	15.5%	00:19.75	00:00:55.73	
5th	2	Gar-Field (O. Trejos)	06:59.05	16.2%	00:02.82	00:00:58.55	
Race 4: M-N-4 Heat 2 @ 08:21 AM							
1st	3	Oakton (C. Huang)	06:20.70				
2nd	4	Stone Bridge (B. Dilley)	06:27.28	1.7%	00:06.58	00:00:06.58	
3rd	1	Hylton (N. Greene)	06:28.09	1.9%	00:00.81	00:00:07.39	
4th	2	W. Potomac (P. Burns)	06:38.22	4.6%	00:10.13	00:00:17.52	
5th	5	Wakefield (H. Westfall)	07:17.29	14.9%	00:39.07	00:00:56.59	
Race 5: M-N-4 Heat 3 @ 08:28 AM							
1st	5	Granby (S. Sabol Jr)	06:03.10				
2nd	2	Briar Woods (C. Winter)	06:12.22	2.5%	00:09.12	00:00:09.12	
3rd	4	Fairfax (M. Gauch)	06:12.41	2.6%	00:00.19	00:00:09.31	
4th	3	LCHS (C. vonKleeck)	06:16.99	3.8%	00:04.58	00:00:13.89	
5th	6	Madison (A. Basiouny)	06:44.60	11.4%	00:27.61	00:00:41.50	
6th	1	Westfield (N. Sontra)	06:54.23	14.1%	00:09.63	00:00:51.13	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 6: W-2-4 Heat 1 @ 08:35 AM							
1st	3	W. Potomac 2nd (R. Hardison)	06:39.00				
2nd	5	L. Braddock (A. Little)	06:48.43	2.4%	00:09.43	00:00:09.43	
3rd	4	Rock Ridge (A. Kickert)	07:07.61	7.2%	00:19.18	00:00:28.61	
4th	1	Yorktown 2nd (G. Gervais)	07:13.54	8.7%	00:05.93	00:00:34.54	
5th	2	Fairfax (J. Abrahamson)	07:16.70	9.4%	00:03.16	00:00:37.70	
Race 7: W-2-4 Heat 2 @ 08:42 AM							
1st	1	W. Potomac 3rd (E. Calogero)	06:45.50				
2nd	3	Langley (K. Perkins)	06:53.82	2.1%	00:08.32	00:00:08.32	
3rd	4	Oakton (K. Fukahori)	06:56.70	2.8%	00:02.88	00:00:11.20	
4th	5	Briar Woods (M. Sunderraj)	07:10.92	6.3%	00:14.22	00:00:25.42	
5th	2	Stone Bridge (G. Ritz)	07:24.71	9.7%	00:13.79	00:00:39.21	
6th	6	Yorktown 3rd (K. Menna)	07:52.67	16.6%	00:27.96	00:01:07.17	
Race 8: W-N-8 Heat 1 @ 08:49 AM							
1st	3	Yorktown (M. Edinger)	06:00.10				
2nd	2	L. Braddock (G. Echevarria)	06:19.01	5.3%	00:18.91	00:00:18.91	
3rd	4	Briar Woods (J. Brown)	06:23.74	6.6%	00:04.73	00:00:23.64	
4th	5	Madison (A. Blair)	06:32.01	8.9%	00:08.27	00:00:31.91	
5th	1	Forest Park (M. Markley)	06:38.80	10.7%	00:06.79	00:00:38.70	
Race 9: W-N-8 Heat 2 @ 08:56 AM							
1st	3	TC Williams (E. Padilla)	06:18.10				
2nd	4	W-L (t. asfaw)	06:24.35	1.7%	00:06.25	00:00:06.25	
3rd	5	Robinson (R. Allen)	06:31.02	3.4%	00:06.67	00:00:12.92	
4th	2	Episcopal (W. Cammack)	06:39.92	5.8%	00:08.90	00:00:21.82	
5th	1	Mt Vernon (M. Menendez)	06:55.37	9.9%	00:15.45	00:00:37.27	
Race 10: W-N-8 Heat 3 @ 09:03 AM							
1st	4	Woodson (J. Phipps)	06:20.00				
2nd	2	W. Springfield (E. Cashman)	06:21.69	0.4%	00:01.69	00:00:01.69	
3rd	5	Broad Run (A. Razon)	06:46.62	7.0%	00:24.93	00:00:26.62	
4th	6	Westfield (J. Richo)	06:53.81	8.9%	00:07.19	00:00:33.81	
5th	3	Oakton (A. Dahourou)	07:03.63	11.5%	00:09.82	00:00:43.63	
6th	1	S. County (L. Douglas)	07:20.02	15.8%	00:16.39	00:01:00.02	
Race 11: M-N-8 Heat 1 @ 09:10 AM							
1st	3	Oakton (B. Dolan)	05:36.20				
2nd	5	TC Williams (N. Schuerhoff)	05:38.55	0.7%	00:02.35	00:00:02.35	
3rd	1	Forest Park (M. Chaudhry)	05:41.65	1.6%	00:03.10	00:00:05.45	
4th	2	Robinson (C. Jacky)	05:42.83	2.0%	00:01.18	00:00:06.63	
5th	4	Yorktown (D. Lowe)	05:43.04	2.0%	00:00.21	00:00:06.84	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 12: M-N-8 Heat 2 @ 09:17 AM							
1st	3	L. Braddock (J. Fox)	05:28.90				
2nd	5	Broad Run (C. Malone)	05:34.61	1.7%	00:05.71	00:00:05.71	
3rd	2	McLean (L. Saunders)	05:35.26	1.9%	00:00.65	00:00:06.36	
4th	4	Jefferson (S. Arndt)	05:43.61	4.5%	00:08.35	00:00:14.71	
5th	1	LCHS (A. Patel)	06:43.66	22.7%	01:00.05	00:01:14.76	
Race 13: M-N-8 Heat 3 @ 09:24 AM							
1st	4	W. Springfield (R. Law)	05:40.40				
2nd	3	Woodson (B. Sandino)	05:43.87	1.0%	00:03.47	00:00:03.47	
3rd	2	S. County (E. Cryer)	05:50.32	2.9%	00:06.45	00:00:09.92	
4th	5	Langley (P. Williams)	05:58.22	5.2%	00:07.90	00:00:17.82	
5th	1	Mt Vernon (H. Sanfo)	06:15.28	10.2%	00:17.06	00:00:34.88	
Race 14: W-3-8 Heat 1 @ 09:31 AM							
1st	3	NCS (E. Arvanitis)	06:03.70				
2nd	4	TC Williams 3rd (S. McCain)	06:16.35	3.5%	00:12.65	00:00:12.65	
3rd	5	Jefferson (G. Fowler)	06:29.24	7.0%	00:12.89	00:00:25.54	
4th	2	TC Williams 5th (J. Guessford)	06:53.85	13.8%	00:24.61	00:00:50.15	
Race 15: W-3-8 Heat 2 @ 09:38 AM							
1st	4	McLean (V. Rivera-Castillo)	06:09.60				
2nd	2	Robinson (G. Hicks)	06:22.02	3.4%	00:12.42	00:00:12.42	
3rd	3	W-L (A. Low)	06:26.99	4.7%	00:04.97	00:00:17.39	
4th	5	TC Williams 4th (C. Keum)	06:57.36	12.9%	00:30.37	00:00:47.76	
Race 16: M-3-8 Heat 1 @ 09:45 AM							
1st	3	Yorktown (B. Salkind)	05:21.90				
2nd	2	Jefferson (R. MADHUGIRI)	05:29.17	2.3%	00:07.27	00:00:07.27	
3rd	4	Oakton (J. Gonzalez)	05:30.86	2.8%	00:01.69	00:00:08.96	
4th	5	Robinson (C. Hood)	05:31.74	3.1%	00:00.88	00:00:09.84	
5th	1	Langley (C. Wikberg)	05:38.85	5.3%	00:07.11	00:00:16.95	
Race 17: M-3-8 Heat 2 @ 09:52 AM							
1st	3	McLean (A. Brunner)	05:29.00				
2nd	4	Woodson (B. Snyder)	05:29.19	0.1%	00:00.19	00:00:00.19	
3rd	2	Woodbridge (M. Millner)	05:30.74	0.5%	00:01.55	00:00:01.74	
4th	5	W-L (J. Perez)	05:34.62	1.7%	00:03.88	00:00:05.62	
5th	1	Fairfax (J. Lee)	06:13.99	13.7%	00:39.37	00:00:44.99	
6th	6	Broad Run (R. Friedenberg)	06:35.49	20.2%	00:21.50	00:01:06.49	
Race 18: W-JR-8 Heat 1 @ 09:59 AM							
1st	3	TC Williams (R. Sedehi)	05:57.20				
2nd	4	Langley (M. Uitz)	06:07.10	2.8%	00:09.90	00:00:09.90	
3rd	2	Fairfax (K. Wells)	06:16.01	5.3%	00:08.91	00:00:18.81	
4th	5	W. Springfield (C. Tyler)	06:38.57	11.6%	00:22.56	00:00:41.37	
5th	1	Oakton (L. Kennebeck)	06:43.40	12.9%	00:04.83	00:00:46.20	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 19: W-JR-8 Heat 2 @ 10:06 AM							
1st	3	L. Braddock (A. Kershaw)	06:01.80				
2nd	4	Woodbridge (H. Hobbs)	06:09.81	2.2%	00:08.01	00:00:08.01	
3rd	2	W. Potomac (C. Hammer)	06:18.77	4.7%	00:08.96	00:00:16.97	
4th	5	S. County (F. Burris)	06:19.18	4.8%	00:00.41	00:00:17.38	
Race 20: M-JR-8 Heat 1 @ 10:13 AM							
1st	5	TC Williams (S. Psaltis-Ivanis)	05:06.70				
2nd	3	Forest Park (R. Romano)	05:32.20	8.3%	00:25.50	00:00:25.50	
3rd	4	Wakefield (B. Rafky)	05:57.64	16.6%	00:25.44	00:00:50.94	
4th	2	Westfield (J. Skoff)	05:57.93	16.7%	00:00.29	00:00:51.23	
Race 21: M-JR-8 Heat 2 @ 10:20 AM							
1st	3	Jefferson (A. Zheng)	05:33.70				
2nd	2	L. Braddock (J. Sauter)	05:35.53	0.5%	00:01.83	00:00:01.83	
3rd	4	S. County (T. Lane)	05:43.93	3.1%	00:08.40	00:00:10.23	
4th	5	W. Potomac (A. Hill)	05:48.47	4.4%	00:04.54	00:00:14.77	
Race 22: W-FR-8 Heat 1 @ 10:27 AM							
1st	3	TC Williams (A. Elkins)	06:13.20				
2nd	4	Oakton (K. Kost)	06:27.75	3.9%	00:14.55	00:00:14.55	
3rd	2	Jefferson (M. Li)	06:34.23	5.6%	00:06.48	00:00:21.03	
4th	5	Woodbridge (O. Mergler)	06:45.12	8.6%	00:10.89	00:00:31.92	
5th	1	W. Potomac (K. Niles)	06:48.44	9.4%	00:03.32	00:00:35.24	
Race 23: W-FR-8 Heat 2 @ 10:34 AM							
1st	3	W-L (C. Slater)	06:25.30				
2nd	4	NCS (K. Blake)	06:33.15	2.0%	00:07.85	00:00:07.85	
3rd	2	Madison (M. Harvey)	06:40.69	4.0%	00:07.54	00:00:15.39	
4th	6	Visitation (S. Fayer)	06:58.81	8.7%	00:18.12	00:00:33.51	
5th	5	Sidwell (H. Marchick)	07:03.14	9.8%	00:04.33	00:00:37.84	
6th	1	Langley (Z. Gould)	07:25.62	15.7%	00:22.48	00:01:00.32	
Race 24: M-FR-8 Heat 1 @ 10:41 AM							
1st	2	W-L (N. Crittenden-Toth)	05:46.40				
2nd	3	Oakton (B. Bellingham)	05:48.97	0.7%	00:02.57	00:00:02.57	
3rd	4	Woodbridge (N. Wood)	05:50.42	1.2%	00:01.45	00:00:04.02	
4th	5	Madison (J. Riddle)	06:01.59	4.4%	00:11.17	00:00:15.19	
5th	1	Langley (B. Colberg)	06:16.20	8.6%	00:14.61	00:00:29.80	
Race 25: M-FR-8 Heat 2 @ 10:48 AM							
1st	3	St. Albans (W. Nash)	05:45.80				
2nd	4	TC Williams (T. Cocke)	05:56.52	3.1%	00:10.72	00:00:10.72	
3rd	2	Jefferson (B. Kim)	06:00.14	4.1%	00:03.62	00:00:14.34	
4th	5	Yorktown (J. August)	06:06.00	5.8%	00:05.86	00:00:20.20	
5th	1	W. Potomac (J. Culver)	06:42.93	16.5%	00:36.93	00:00:57.13	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 26: M-3-4 Final @ 10:55 AM							
1st	4	L. Braddock (K. O'Hare)	06:49.80				
2nd	3	TC Williams (A. Padilla)	07:36.52	11.4%	00:46.72	00:00:46.72	
3rd	5	Rock Ridge (T. Kim)	07:54.85	15.9%	00:18.33	00:01:05.05	
Race 27: M-2-4 Final @ 12:02 PM							
1st	3	L. Braddock (K. Kandle)	06:13.30				
2nd	2	Westfield (D. Park)	06:24.45	3.0%	00:11.15	00:00:11.15	
3rd	5	Stone Bridge (D. Robinson)	06:29.44	4.3%	00:04.99	00:00:16.14	
4th	4	TC Williams (I. Willmore)	06:41.63	7.6%	00:12.19	00:00:28.33	
5th	1	Rock Ridge (M. Pieri)	07:02.07	13.1%	00:20.44	00:00:48.77	
Race 28: W-N-4 Final @ 12:11 PM							
1st	4	Yorktown (K. Gulbranson)	07:19.50				
2nd	3	Woodbridge (M. Diaz)	07:26.25	1.5%	00:06.75	00:00:06.75	
3rd	6	Mt Vernon (A. Hood)	07:32.21	2.9%	00:05.96	00:00:12.71	
4th	2	Fairfax (D. Bridwell)	07:39.18	4.5%	00:06.97	00:00:19.68	
5th	5	Granby (R. Ropetski)	07:46.22	6.1%	00:07.04	00:00:26.72	
6th	1	Sidwell (N. Pesner)	07:47.26	6.3%	00:01.04	00:00:27.76	
Race 29: M-N-4 Final @ 12:20 PM							
1st	4	Forest Park (J. Ferguson)	06:17.20				
2nd	5	Granby (S. Sabol Jr)	06:22.42	1.4%	00:05.22	00:00:05.22	
3rd	3	Oakton (C. Huang)	06:26.43	2.4%	00:04.01	00:00:09.23	
4th	1	Briar Woods (C. Winter)	06:34.11	4.5%	00:07.68	00:00:16.91	
5th	2	McLean (E. Chamberlayne)	06:34.62	4.6%	00:00.51	00:00:17.42	
6th	6	Stone Bridge (B. Dilley)	06:52.74	9.4%	00:18.12	00:00:35.54	
Race 30: W-2-4 Final @ 12:29 PM							
1st	3	W. Potomac 2nd (R. Hardison)	06:46.40				
2nd	2	Langley (K. Perkins)	07:01.55	3.7%	00:15.15	00:00:15.15	
3rd	4	W. Potomac 3rd (E. Calogero)	07:11.28	6.1%	00:09.73	00:00:24.88	
4th	5	L. Braddock (A. Little)	07:19.93	8.3%	00:08.65	00:00:33.53	
5th	6	Oakton (K. Fukahori)	07:24.30	9.3%	00:04.37	00:00:37.90	
6th	1	Rock Ridge (A. Kickert)	07:43.29	14.0%	00:18.99	00:00:56.89	
Race 31: W-N-8 Final @ 12:38 PM							
1st	4	Yorktown (M. Edinger)	06:20.70				
2nd	3	TC Williams (E. Padilla)	06:24.60	1.0%	00:03.90	00:00:03.90	
3rd	5	Woodson (J. Phipps)	06:27.22	1.7%	00:02.62	00:00:06.52	
4th	1	W. Springfield (E. Cashman)	06:33.62	3.4%	00:06.40	00:00:12.92	
5th	6	W-L (t. asfaw)	06:39.32	4.9%	00:05.70	00:00:18.62	
6th	2	L. Braddock (G. Echevarria)	06:48.60	7.3%	00:09.28	00:00:27.90	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 32: M-N-8 Final @ 12:47 PM							
1st	3	L. Braddock (J. Fox)	05:43.60				
2nd	1	Woodson (B. Sandino)	05:47.29	1.1%	00:03.69	00:00:03.69	
3rd	4	Oakton (B. Dolan)	05:50.08	1.9%	00:02.79	00:00:06.48	
4th	6	Broad Run (C. Malone)	05:51.83	2.4%	00:01.75	00:00:08.23	
5th	2	TC Williams (N. Schuerhoff)	05:57.93	4.2%	00:06.10	00:00:14.33	
6th	5	W. Springfield (R. Law)	06:00.55	4.9%	00:02.62	00:00:16.95	
Race 33: M-4-8 Final @ 12:56 PM							
1st	3	Robinson (K. Redman)	06:07.20				
2nd	2	Oakton (R. Nair)	06:11.31	1.1%	00:04.11	00:00:04.11	
3rd	4	Jefferson (R. West)	06:17.01	2.7%	00:05.70	00:00:09.81	
Race 34: W-3-8 Final @ 01:05 PM							
1st	3	NCS (E. Arvanitis)	06:10.20				
2nd	4	McLean (V. Rivera-Castillo)	06:23.32	3.5%	00:13.12	00:00:13.12	
3rd	6	W-L (A. Low)	06:32.73	6.1%	00:09.41	00:00:22.53	
4th	1	Jefferson (G. Fowler)	06:42.63	8.8%	00:09.90	00:00:32.43	
5th	2	Robinson (G. Hicks)	06:44.56	9.3%	00:01.93	00:00:34.36	
6th	5	TC Williams 3rd (S. McCain)	06:48.67	10.4%	00:04.11	00:00:38.47	
Race 35: M-3-8 Final @ 01:14 PM							
1st	2	Woodson (B. Snyder)	05:33.30				
2nd	3	Yorktown (B. Salkind)	05:38.50	1.6%	00:05.20	00:00:05.20	
3rd	1	Oakton (J. Gonzalez)	05:38.67	1.6%	00:00.17	00:00:05.37	
4th	5	Jefferson (R. MADHUGIRI)	05:47.18	4.2%	00:08.51	00:00:13.88	
5th	6	Woodbridge (M. Millner)	05:48.08	4.4%	00:00.90	00:00:14.78	
6th	4	McLean (A. Brunner)	05:59.19	7.8%	00:11.11	00:00:25.89	
Race 36: W-JR-8 Final @ 01:23 PM							
1st	3	TC Williams (R. Sedehi)	06:01.10				
2nd	4	L. Braddock (A. Kershaw)	06:10.96	2.7%	00:09.86	00:00:09.86	
3rd	2	Woodbridge (H. Hobbs)	06:12.13	3.1%	00:01.17	00:00:11.03	
4th	5	Langley (M. Uitz)	06:14.25	3.6%	00:02.12	00:00:13.15	
5th	1	Fairfax (K. Wells)	06:23.94	6.3%	00:09.69	00:00:22.84	
6th	6	W. Potomac (C. Hammer)	06:47.22	12.8%	00:23.28	00:00:46.12	
Race 37: M-JR-8 Final @ 01:32 PM							
1st	3	TC Williams (S. Psaltis-Ivanis)	05:18.00				
2nd	5	Forest Park (R. Romano)	05:28.76	3.4%	00:10.76	00:00:10.76	
3rd	4	Jefferson (A. Zheng)	05:39.74	6.8%	00:10.98	00:00:21.74	
4th	2	L. Braddock (J. Sauter)	05:52.51	10.9%	00:12.77	00:00:34.51	
5th	6	S. County (T. Lane)	06:00.05	13.2%	00:07.54	00:00:42.05	
6th	1	Wakefield (B. Rafky)	06:25.64	21.3%	00:25.59	00:01:07.64	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
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Race 38: W-FR-8 Final @ 01:41 PM

1st	3	TC Williams (A. Elkins)	06:18.20				
2nd	2	NCS (K. Blake)	06:30.67	3.3%	00:12.47	00:00:12.47	
3rd	4	W-L (C. Slater)	06:37.02	5.0%	00:06.35	00:00:18.82	
4th	1	Jefferson (M. Li)	06:41.69	6.2%	00:04.67	00:00:23.49	
5th	5	Oakton (K. Kost)	06:48.34	8.0%	00:06.65	00:00:30.14	
6th	6	Madison (M. Harvey)	07:07.77	13.1%	00:19.43	00:00:49.57	

Race 39: M-FR-8 Final @ 01:50 PM

1st	4	St. Albans (W. Nash)	05:45.40				
2nd	1	Woodbridge (N. Wood)	05:52.78	2.1%	00:07.38	00:00:07.38	
3rd	5	Oakton (B. Bellingham)	05:52.99	2.2%	00:00.21	00:00:07.59	
4th	3	W-L (N. Crittenden-Toth)	05:57.35	3.5%	00:04.36	00:00:11.95	
5th	2	TC Williams (T. Cocke)	06:04.84	5.6%	00:07.49	00:00:19.44	
6th	6	Jefferson (B. Kim)	06:26.74	12.0%	00:21.90	00:00:41.34	